

Prostate Cancer Information Guide

This guide provides links and references to reliable and current information sources on prostate cancer in men for patients, families, and caregivers. Valuable information may also be found at your local public library. Always consult/share with your healthcare professional regarding any information identified.

Online Resources

American Cancer Society - <https://www.cancer.org/cancer/types/prostate-cancer.html>

Prostate cancer is the most common cancer among men (after skin cancer), but it can often be treated successfully. If you have prostate cancer or are close to someone who does, knowing what to expect can help you cope. Here you can find out all about prostate cancer, including risk factors, symptoms, how it is found, and how it is treated.

Centers for Disease Control and Prevention -

<https://www.cdc.gov/cancer/prostate/index.htm>

Learn what prostate cancer is, who is at risk, and about symptoms, screening, diagnosis, and treatment for prostate cancer.

National Cancer Institute - <https://www.cancer.gov/types/prostate>

Prostate cancer is the most common cancer and the second leading cause of cancer death among men in the United States. Prostate cancer usually grows very slowly, and finding and treating it before symptoms occur may not improve men's health or help them live longer.

National Library of Medicine - <https://medlineplus.gov/prostatecancer.html>

Prostate cancer is one of the most common types of cancer. It often grows very slowly. If it does not spread to other parts of the body, it may not cause serious problems. But sometimes prostate cancer can grow quickly and spread to other parts of the body. This kind of prostate cancer is serious.

Prostate Cancer Foundation Patient Guides - <https://www.pcf.org/guide/patient-guide-to-localized-prostate-cancer/>

PCF aims to connect patients with the information that is most useful to them, wherever they are on their prostate cancer journey.

ProstateCancer.Net - <https://prostatecancer.net/>

Strives to provide you with tools and resources to help manage your disease. We hope the information provided by patients, caregivers, and healthcare professionals at ProstateCancer.net will help improve your quality of life.



Libraries in the University of Michigan Health-Sparrow Region

Libraries can be a great source of information. Most Michigan libraries participate in interlibrary lending. If a specific book is unavailable from your local library, always ask if a book can be borrowed from other libraries.

Carson City:

- Carson City Public Library, 102 W. Main St., (989) 584-3680

Charlotte:

- Charlotte Community Library, 226 S. Bostwick St., (517) 543-8859

East Lansing:

- East Lansing Public Library, 950 Abbot Road, (517) 351-2420

Holt:

- Holt-Delhi Branch, 2078 Aurelius Road, (517) 694-9351

Ionia:

- Ionia Community Library, 126 E. Main St., (616) 527-3680

Lansing:

- Capital Area District Library, 401 S. Capitol Ave., (517) 367-6300
- Delta Township District Library, 5130 Davenport Dr., (517) 321-4014
- Foster Branch, 200 N. Foster Ave., (517) 485-5185
- South Lansing Branch, 3500 S. Cedar St., Ste. 108, (517) 272-9840

Mason:

- Aurelius Branch, 1939 S. Aurelius Road, (517) 628-3743
- Mason Branch, 145 W. Ash St., (517) 676-9088

St. Johns:

- Briggs Public Library, 108 E. Railroad St., (989) 224-4702

Disclaimer: This document contains information and instructional materials identified by UM Health-Sparrow for the typical patient with your condition. It may include links to online content not created by UM Health-Sparrow and for which UM Health-Sparrow does not assume responsibility. It does not replace medical advice from your healthcare provider because your experience may differ from that of the typical patient. Talk to your healthcare provider if you have any questions about this document, your condition, or your treatment plan.

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Last revised 05/2024