

MAC SUMMER 2009 PILATES APPARATUS CLASSES

Registration begins May 18, 2009

Session Dates: June 1 - 27; July 6 - August 1; August 3 - 29

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------|---|--|---|---------------------------------------|--------|----------|---------------------------------|
| 6:00 AM | | Pilates For Men <i>Kerry</i> | | | | | |
| 8:15 AM | Reformer <i>Hillary</i> | | | | | | |
| 9:00 AM | Reformer <i>Julie</i> | | | Reformer <i>Hillary</i> | | | |
| 9:15 AM | Tower/ Barre <i>Hillary</i> | | Tower <i>Julie</i> | | | | |
| 9:30 AM | | Reformer <i>Hillary</i> | | | | | |
| 10:00 AM | | | Tower <i>Hillary</i> | | | | |
| | | | | | | | |
| 5:00 PM | Advanced Pilates <i>Mitzi</i> | Tower <i>Kerry</i> | Advanced Pilates <i>Mitzi</i> | | | | |
| 5:45 PM | | Tower Level IV <i>Mitzi</i> | | Tower Level IV <i>Mitzi</i> | | | |
| | | Reformer <i>Kerry</i> | | | | | |
| 6:00 PM | Tower Level III <i>Mitzi</i> | | Tower Level III <i>Mitzi</i> | | | | |
| 6:30 PM | | Tower/ Barre <i>Hillary</i> | | Reformer <i>Hillary</i> | | | Reformer <i>Julie</i> |

Reformer classes require minimum enrollment of 3; maximum of 4 participants.
 Tower classes require minimum enrollment of 4; maximum of 7 participants.
 Late registrations will be accepted, provided space is available.

Rates:

Reformer Classes: Members: \$80.00/session, MAC Guests: \$96.00.00/session
 Drop in: Members, \$23.00/ class; MAC Guests: \$26.00/class
 Tower Classes: Members: \$48.00/session, MAC Guests: \$58.00/session
 Drop in: Members, \$14.00/ class; MAC Guests: \$16.00/class

Cancellation policy:

Cancellations must be made 48 hours prior to session start date to receive a full refund.
 Make-up classes not available for those missed during the session.

Contact the MAC Concierge at 364-8800 to register.

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