

PEDIATRIC OUTPATIENT SURGERY (POPS)
Telephone #: 517.364.4412



Prior to Surgery

Pre-Surgical Telephone Interview

Three to four days prior to the patient's surgery, a telephone interview with a nurse is required to obtain medical history and other pertinent information. Please have a list of all medications the patient is taking available for this interview. Your address, phone number and insurance information will also be verified.

Call 517.364.4412 between 1 p.m. and 6:30 p.m. Monday through Friday for the telephone interview. If you get voice mail, please leave a message with your name, phone number and the best time of day to reach you (preferably, between 1 p.m. and 6:30 p.m.).

Lab Testing

Patients should obtain an order for lab work from their surgeon and go to a Sparrow Health System satellite lab 2-14 days prior to surgery. This helps eliminate the number of last minute cancellations due to abnormal lab results. Please call Admission Orders at 517.364.5541 if you have any questions.

NPO (Nothing by Mouth) Guidelines from the Anesthesiology Department at Sparrow Health System

Solid Foods:

- Less than 3 years of age - No solids **after midnight**, may have milk/formula up to 6 hours prior to surgery.
- Greater than 3 years of age - No solids **after midnight** the day of surgery.

Clear Fluids: (water, plain jello, clear broth; juices: apple, grape, cranberry) No pop or carbonated fluids

- Newborn to 6 months - stop 2 hours prior to surgery
- 6 months to 3 years - stop 3 hours prior to surgery
- Greater than 3 years - stop 4 hours prior to surgery