

24 Hour Urine Collection

Step 1

Empty bladder, Urinate first thing in the morning and discard in toilet. Write the start date and time on the collection label.

Step 2

Collect all subsequent urines for the next 24 hrs into a urine "hat" or other clean dry container and add them immediately to the 24 hr urine jug/container.

Step 3

Your last sample collected is transferred into the jug/container. It should be the first urine of the day and fall at the same time as the "start" time from the previous morning.

Example Label:

COMPLETE THE FOLLOWING:

Collection Started:

Date 8/20 Time 7 AM Nurse _____

Collection finished:

Date 8/21 Time 6:50 AM Nurse _____

Total hours collected: 24

Storage & Temperature for Protein & Creatinine Clearance testing

Keep jug in a cool dry place protected from light and store at room temperature or refrigerate.

- Protein T# 1202
 - Creatinine clearance T# 1056
- Blood sample must also be obtained for serum creatinine.

Additional Tests

Some tests may **not** be collected together due to preservative or storage requirements. Please call 364-7800 for special test instructions.

Special 24 hr urine test

SPARROW

Regional Laboratories