

NASAL WASHING COLLECTION

NASAL WASHING KIT SUPPLIES:

- Scissors (clean with alcohol, use only for nasal wash collections)
- Butterfly tubing (any size)
- 3 or 5 ml syringes
- Sterile saline (pink vials)
- Blue top cone shaped empty sterile tube

COLLECTION PROCEDURE:

- ✓ Attach butterfly tubing to syringe
- ✓ Using scissors (cleaned with alcohol wipes), cut needle off tubing, leaving about 4-5 inches of tubing attached to syringe.
 - **Note:** Cut tubing straight because an angled cut could cause damage inside the nasal passage.
- ✓ Using sterile scissors, cut off top of saline vial, allowing enough room to fit tubing in.
- ✓ Draw up approximately 2 ml of saline in syringe through tubing.
- ✓ Tilt patient's head back and slide tubing along the posterior nasal passage until the nasopharynx is reached.
- ✓ Inject about 1.5 ml of saline and immediately aspirate back.
- ✓ Place sample into blue tube. If sample is minimal, use saline left in pink vial to rinse any sample left in tubing. Repeat whole procedure if no sample is obtained.
- ✓ Label tube with at least 2 patient information identifiers such as full name and DOB.
- ✓ Store sample refrigerated and transport to the lab.