

Patient Guide

Information for your stay

View our digital Patient Guide at **UofMHealthSparrow.org/PatientGuide**



Your health care team by the **colors** they wear



Patient Care Technicians/Assistants



Registered Nurses



Licensed Practical Nurses (LPNs)



Surgery



Housekeeping



Respiratory, Radiation & Imaging



EMTs, Paramedics, Inpatient Lab, Lift Team, Laboratory & Phlebotomist



Transport & Safety Sitters



Food & Nutrition



Patient Representatives & Unit Coordinators



Patient Representatives & Unit Coordinators

Contents

- 3 Welcome
- 4 Notice of Nondiscrimination
- 6 Phone Directory
- 7 Our Commitment to Care
- 8 About Your Stay
- 9 Meet Our Team Members
- 11 Rights & Responsibilities
- 15 Privacy and Health Information
- 17 Prevent Hospital Infections
- 18 MyChart Bedside



Welcome to University of Michigan Health-Sparrow Lansing

Thank you for trusting us

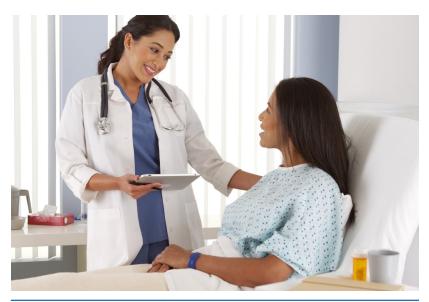
At University of Michigan Health-Sparrow, our team of highly skilled physicians, nurses, staff and other team members are committed to providing you patient-centered, evidence-based care, leading-edge medicine and making your overall experience as comfortable as possible.

We compare and benchmark ourselves to the finest hospitals in the U.S. to help ensure that we are delivering safety, quality, satisfaction and value.

This patient guide is designed to provide you and your family with important information about your rights and responsibilities, help familiarize you with our facility and services and serve as a handy resource during your stay. If you have any questions beyond what is covered in this guide, please ask your physician or nurse.

Thank you for choosing UM Health-Sparrow.

Contact Us
1215 E. Michigan Ave., Lansing, MI 48912
517-364-1000 | UofMHealthSparrow.org



Notice of Nondiscrimination

UM Health-Sparrow does not discriminate against any person on the basis of race, color, religion, sex, national origin, age, weight, height, marital status, sexual orientation, gender identity and/or expression, or disability in patient admission, treatment, or participation in its programs, services, and activities.

UM Health-Sparrow provides:

- free support and services to people who are deaf, hard of hearing, or have disabilities to effectively communicate with us, such as:
 - certified American Sign Language interpreters
 - written information in other formats (large print, audio, accessible electronic formats, and other formats)
- free language services to people whose primary language is not English, such as:
 - qualified interpreters
 - information written in other languages

If you need these services, contact Interpreter Services at **517-364-2953**.

If you believe that UM Health-Sparrow Lansing has failed to provide these services or discriminated in another way on the basis of race, color, religion, sex, national origin, age, weight, height, marital status, sexual orientation, or gender identity and/or expression, you can file a grievance

with: Patient Experience, 1215 E. Michigan Ave., Lansing, MI 48912, **517-364-3935**. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Patient Experience is available to help you.

You can also file a civil rights complaint with the U.S.
Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at Ocrportal.hhs.gov/ocr/smartscreen/main.jsf, or by mail or email at:

Centralized Case Management Operations U.S. Department of Health and Human Services 200 Independence Ave. SW Room 509F, HHH Building Washington, D.C. 20201 OCRComplaint@hhs.gov

Complaint forms are available at Hhs.gov/ocr/complaints/index. html.

English

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call **517-364-2953**.

Spanish

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 517-364-2953.

Arabic

ملحوظة: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 517-364-517

Chinese

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請 致電 517-364-2953。

Assyrian

ەبەۋەتى: كەخىلەن چى بەھۇنى لىقىكە ئەلەۋەتى، ئەخى بىلەن دۇخىلىلەن يىلىخىلى دۇنىدىلاك كىلىكى بىلىدىدى خىدىكى 2953-517

Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho ban. Goi số 517-364-2953.

Albanian

KUJDES: Nëse flitni shqip, për ju ka në dispozicion shërbime të asistencës gjuhësore, pa pagesë. Telefononi në 517-364-2953.

Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 517-364-2953. 번으로 전화해 주십시오.

Bengali

লক্ষ্য করুনঃ যদি আপনি বাংলা, কথা বলতে পারেন, তাহলে নিঃখরচায় ভাষা সহায়তা পরিষেবা উপলব্ধ আছে। ফোন করুন 517-364-2953.

Polish

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 517-364-2953.

German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer 517-364-2953.

Italian

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 517-364-2953.

Japanese

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。517-364-2953.まで、お電話にてご連絡ください。

Russians

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода.
Звоните 517-364-2953.

Serbo-Croatian

OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 517-364-2953.

Tagalog-Filipino

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 517-364-2953.

Phone Directory

Key Numbers				
UM Health-Sparrow Lansing	517-364-1000			
UM Health-Sparrow St. Lawrence	517-364-7180			
Food & Nutrition	517-364-2460			
Gift Shop	517-364-3028			
Patient Experience	517-364-3935			
Patient Financial Services	517-364-7999			

Calling from inside the hospital? Dial the LAST FIVE DIGITS only.

Other Hospital Services								
Admitting	517-364-2353	Medical Records	517-364-2276					
Central Scheduling	517-364-3659	Medical Supply	517-364-2115					
Emergency Department	517-364-4140	Outpatient Rehabilitation	517-364-5252					
Herbert-Herman Cancer Center	517-364-9400	Pharmacy	517-364-2405					
Home Care	517-364-8600	Professional Building	517-364-5580					
Hospice	517-364-7217	Public Safety	517-364-2000					
Imaging	517-364-2300	Lansing Heart &	517-364-9650					
Laboratory	517-364-7800	Vascular	317-304-9030					

Learn More

For more information on the resources available at UM Health-Sparrow Lansing, visit **UofMHealthSparrow.org**.

Our Commitment to Care

During Your Stay

Please speak with your nurse or nursing supervisor if you have any questions or concerns about your care. If your issue is still not resolved, then contact Patient Experience at 517-364-3935 or, if dialing from within UM Health-Sparrow, call 43935. If your concern is not resolved to your satisfaction by UM Health-Sparrow Lansing, you also have the right to file a complaint with any of the following organizations:

Michigan Department of Community Health - Bureau of **Community and Health Systems** P.O. Box 30664

Lansing, MI 48909 Phone: 800-882-6006

Email: BCHS-Complaints@Michigan.

• The Joint Commission (TJC) -Office of Quality and Patient Safety

One Renaissance Blvd. Oakbrook Terrace, IL 60181 Website: Jointcommission.org, then click "Report a Safety Concern" For patients with Medicare:

Livanta LLC, BFCC-QIO 10820 Guilford Road, Suite 202 Annapolis Junction, MD 20701-1105

Phone: 888-524-9900

Want to Know How We Score?

You can review and compare the quality, care, and safety ratings for different hospitals at:

 Medicare – Care Compare, which uses HCAHPS results and other data: Medicare.gov/care-compare

You also can find information on hospitals through these accrediting organizations:

- Healthcare Facilities Accreditation Program (HFAP): Hfap.org
- DNV GL Healthcare: **Dnvglhealthcare.com/hospitals**
- The Joint Commission: Qualitycheck.org



About Your Stay

ATM

UM Health-Sparrow Lansing:

PNC Bank ATM by the south elevators on the first floor.

MSUFCU ATM in the lobby near the gift shop.

Bedside Report

At UM Health-Sparrow, we use bedside reporting to keep you better informed about your plan of care, medications, tests, and progress while you are here. Bedside reports occur at each change of shift to ensure the exchange of important information and to introduce you to your new nurse. Because your participation is important in your plan of care, the nurses will wake you for this if necessary.

Cafés

Starbucks, located in the lobby at UM Health-Sparrow Lansing, offers hot and cold brews, a full food menu, and retail items. Open weekdays from 5:30 a.m. - 11 p.m., and weekends from 5:30 a.m. - 9 p.m.

The Great Lakes Café, a self-service convenience store located at University of Michigan Health-Sparrow St. Lawrence, is available 24/7, offering a variety of sandwiches, salads, snack and beverages.

Gathering Place Café, located just off the lobby on the first floor at UM Health-Sparrow Lansing, is a modern, upscale dining area that offers fresh,

healthy, and local quality cuisine with a variety of stations, made-to-order items and grab-and-go food. Mixed seating with a wall of glass and a bright open view along Michigan Avenue offers a place to relax and recharge. Open 5:30 a.m. - 2:30 a.m. Room service meal vouchers can be purchased in the Gathering Place Café. Vouchers allow visitors to order food from our room service menu and dine in the company of their loved ones.

Condition Help

You or your loved ones can call a condition help team to respond if your condition suddenly changes. Dial **123** from any UM Health-Sparrow arrow phone to request this special service. Ask a team member to learn more.

Flowers

Flowers are delivered to patient rooms by individual florists. Please note that latex balloons are not allowed in the hospital. Live plants and flowers are not allowed in intensive care units or rooms with oncology patients.

Gift Shop

The Gift Shop is located on the first floor in the main lobby. Call **517-364-1000** for current gift shop hours.

Interpreter Services

You have the right to hear your medical information in your preferred language, including American Sign Language (ASL). UM Health-Sparrow offers interpreter services by phone, by video remote interpreting, or in person, when available. All services are free of charge. Please inform your nurse or team member of your needs. If you have questions or concerns about interpreter services, please contact interpreter services at 517-364-2953.

Parking at UM Health-Sparrow Lansing

When visiting patients in the hospital, please use Ramp A, located on the corner of Michigan and Pennsylvania avenues. Parking fees are collected as you exit the ramp. The automated machines accept cash, credit, debit, and validated slips. Ramp Fees: First two hours free, then \$1 every 30 minutes, \$10 per visit max. \$10 charge for lost tickets. Emergency Department—no charge for patients with a parking validation slip.

Pastoral Care

Our chaplains are trained to provide emotional and spiritual support to people from any or no faith tradition. Board-certified staff chaplains are onsite weekdays, 8 a.m. - 5 p.m., and an on-call chaplain can be paged 24/7 for urgent needs. Patients listed as Catholic are offered Communion when diet. health and volunteer availability permit. Chaplains can help arrange other sacraments or rituals. Simply ask your nurse to request pastoral care or call **517-364-2707**. The interfaith chapel is on the lower level and usually open at all times. Contact the visitor check-in for directions.

Parking at UM Health-Sparrow St. Lawrence

Hospice, outpatient surgery, sleep center, and wound clinic—Use lot next to Westmoreland Avenue.

Inpatient behavioral health—Use lot on Oakland Avenue.

Patient Meals

UM Health-Sparrow Lansing inpatients order meals through room service from a menu provided by food and nutrition services. To order, dial **4FOOD (43663)** from 7 a.m. - 7 p.m. to make your selections. See p. 8 for visitor dining choices.

Restrooms

For everyone's health and safety, we ask visitors not to use patient restrooms. Restrooms are located throughout the hospital. Many women's and men's bathrooms offer baby-changing stations. Ask hospital staff to direct you to the nearest one.

Smoking

UM Health-Sparrow has a nicotine-free policy, and smoking is prohibited anywhere on UM Health-Sparrow property, including the use of e-cigarettes. This is one of the numerous efforts UM Health-Sparrow has undertaken to promote the health and wellness of our team members or staff and to help Mid-Michigan residents lead healthier lives.

Telephone

All patient rooms have phones. To place a call within the hospital, dial the last five digits. To call local, dial **9** plus the number. To call long distance, dial **0** for the operator.

TV

Each patient room has a television. Please be considerate of others by keeping the volume down or asking a team member for TV headphones, and turning off your TV at bedtime. TVs are controlled by the bedside pillow speaker or side rail controls. Closed captioning is available for the hearing impaired. Ask a team member if you have any questions on using your TV. See below for a channel listings.

Visitor Information

The health and safety of our patients, team members, and visitors is our top priority. To help prevent the spread of infectious diseases, UM Health-Sparrow has strict visitor guidelines and policies.

These policies are subject to change. Please visit **UofMHealthSparrow.org/ VisitorPolicy** or call **517-364-1000** for current visitation hours and policies.

SparrowTV Channel

Watch Channel 101 for the latest at UM Health-Sparrow, including information about innovative medical treatments, tips for healthy living and profiles of our incredible team members. The channel also provides details on our events and promotions. Watch SparrowTV for everything happening at Sparrow and how it affects the Mid-Michigan region.

TV Channels								
11	Channel Guide	32	Fox News	52	AMC			
13	ABC	33	CNN	53	Animal Planet			
14	NBC	34	HLN	54	BBC America			
15	PBS	35	MSNBC	55	BET			
16	The CW	36	CNBC	56	Bloomberg HD			
17	ION Television	37	The Weather Channel	57	Bravo			
18	FOX	38	USA	58	Cartoon Network			
19	LMN	39	TNT	59	Comedy Central			
20	CBS	40	TBS	60	C-SPAN			
21	WGN	41	A&E	61	E!			
22	FSN Detroit	42	HGTV	63	Fox Business			
23	FSN Detroit Plus	43	Food Network	64	Hallmark			
24	FS1	44	Lifetime	65	History			
25	FXX	45	MTV	66	National Geographic			
26	BTN	46	TLC	67	Universal Kids			
27	NFL Network	47	Disney Channel	68	Syfy			
28	NBC Sports	48	Nickelodeon	69	VH1			
29	ESPN	49	Freeform	70	WE tv			
30	ESPN2	50	Discovery Channel	100	Relaxation Channel			
31	Golf Channel	51	FX	101	Sparrow TV			

Meet Our Team Members

Doctors are licensed physicians who passed boards after graduating from medical school. They generally wear long white coats. Their name badge denotes M.D. or D.O.

Attending Physicians are senior physicians in charge of your care and who coordinate the plan of treatment.

Consulting Physicians are specialists who are brought in by your attending physician. Their role is to provide an assessment of your condition and offer suggestions about your care.

Hospitalist Physicians are board-certified specialists in internal medicine or family medicine. They are physicians who specialize in the care of hospitalized patients, and may be an attending physician or a consulting physician. Your care is coordinated and expedited by their knowledge of available resources.

Fellow Physicians are physicians who have completed residency and passed boards. They are focusing on more advanced training in a defined medical specialty.

Resident Physicians are physicians who have passed boards upon completing medical school and are licensed to practice as physicians. Residents become increasingly independent as they move through their residency (usually three-eight years in duration depending on the specialty). All residents ultimately practice under the supervision of an attending physician, but the attending need not be present for orders to be initiated and/or decisions made.

Primary Care Physicians (PCPs)

generally see you only as an outpatient in their office. They oversee and coordinate your health care and lifestyle choices, and strive to maximize your well-being. Your hospital medical records will be shared with your PCP.

Physician Assistants (PA-Cs) are health care providers educated and board certified to assist physicians. They must practice in affiliation with an overseeing physician, but they may write orders and contribute to your plan of care.

Nurse Practitioners (NP-Cs) are Registered Nurses (R.N.s) who have decided to pursue advanced specialty education. NPs have taken boards to be independent decision-makers about an aspect of a patient's health. They must practice in affiliation with an overseeing physician, but they may write orders and contribute to your plan of care.

Medical Students are enrolled in medical school and see patients to develop skills in communication and assessment. They do not make any independent decisions about your care. You can identify them by their short white coats and student badges.

Rights & Responsibilities

We recognize that all patients have basic rights, and we are committed to honoring these rights to ensure each patient is treated with dignity, respect, and compassion. Likewise, UM Health-Sparrow has a right to expect reasonable and responsible behavior from patients, their relatives, and friends.

Your Rights as a Patient at UM Health-Sparrow

Access to Respectful Care

You have the right to access fair treatment in a safe setting, regardless of age, race, creed, sex, gender identity, sexual orientation, marital status, national origin, cultural or spiritual values, disability, or source of payment. Accommodations, such as those pertaining to service animals, will be honored as outlined by the ADA.

Communication

You have the right to hear or see information in a way that you can understand, and to receive quick and reasonable responses to questions and requests. Translation and interpretation services are provided free of charge.

Privacy and Confidentiality

You have the right, within the law, to personal and informational privacy in treatment and in caring for your needs with recognition of personal dignity, diversity, and religious and other spiritual preferences.

You have the right to expect that any discussion involving your care will be conducted discreetly and that individuals not directly involved in

your care will not be present without permission.

Pain Management

You have the right to appropriate assessment and management of pain by staff committed to pain prevention and management.

Information and Education

You have the right to obtain complete and current information about your diagnosis (to the degree known), treatment, alternatives, risks, and any known prognosis.

Consent and Participation in Care

You have the right to reasonable, informed participation in decisions involving your health care. Likewise, you have the right to refuse treatment or withhold informed consent. You have the right to request treatment. However, your right to make decisions about health care does not mean you can demand treatment or services that are medically inappropriate or unnecessary.

Advance Directives

You have a right to ensure that your wishes, in written or oral form, are carried out. When your advance directives are presented in a valid format, UM Health-Sparrow will honor your wishes and retain them in your current medical record.

Surrogate Decision Maker

A legal representative" (e.g., "Agent," "Attorney in fact," "Proxy," "Substitute decision maker," "Surrogate decisionmaker") is a person designated and authorized by an advance directive

or State law to make a treatment decision for another person in the event the other person becomes unable to make necessary health care decisions. "Treatment" refers to interventions provided to maintain or restore health and well-being, improve functional level, or relieve symptoms.

Medical Records

You have the right to confidentiality, privacy, and security of your records, both personal and medical. You have a variety of other rights related to your medical records that are explained in the UM Health-Sparrow Notice of Privacy Practices, which can be found at **UofMHealthSparrow.org/Sparrow-Notice-Privacy-Policies**, or by contacting the University of Michigan Health-Sparrow, Privacy Department, P.O. Box 30480, 1215 E. Michigan Ave., Lansing, MI 48909.

Concerns About Billing

You have the right to details about all items on your bill. Upon request, information concerning financial help will be given to you. If you have a question about billing or insurance, call **517-364-7999**.

Your Responsibilities as a Patient

Respect and Consideration

You are responsible for being considerate of the rights of other patients and healthcare staff. This includes not smoking and controlling noise and visitors. Team members and patients have an expectation of privacy that must be honored. Video recording, voice recording, and photographing others are strictly limited. You understand that any abusive or disrespectful behavior could result in your dismissal from care.

Safety

You play a vital role in making your care safe by working with your physician, nurse, and other care providers to make decisions about your medicines, if any, and your care in terms you can understand.

Compliance

You are responsible for following the treatment plan recommended by the physician primarily responsible for your care.

Pain Management

You are responsible for working with the physician and nurse to develop a pain management plan and telling the physician or nurse if and when pain is not relieved.

Providing Information

As a patient, you are an integral part of your health care team and, therefore, are responsible for providing, to the best of your knowledge, accurate and complete information about present complaints, past illnesses, hospitalizations, medications, allergies, and other matters relating to your health, and reporting unexpected changes in your condition to the responsible practitioner.

Advance Directives

You are responsible for informing UM Health-Sparrow Lansing and your health care providers if you create, modify, or revoke an advance directive.

Ethics Committee

Ethical challenges can arise in the course of caring for sick patients in a modern hospital. An Ethics Consultation is available to assist when these challenges arise to provide recommendations and/or facilitate meetings in order to openly discuss challenges in a helpful manner.

Charges

You are responsible for ensuring that your financial obligations for healthcare received are fulfilled as promptly as possible.

Refusing Treatment

You are responsible for your actions if you refuse treatment or do not follow the health care team's instructions.

Personal Property

UM Health-Sparrow Lansing is not responsible for cash, valuables, and personal items you bring to the hospital.

Concerns?

If you have concerns about the care you or your loved one is receiving, please speak with your physician or nursing supervisor. If you feel that your issue isn't resolved, contact patient experience at **517-364-3935** or **PatientExperience@UMHSparrow.org**. If dialing from within UM Health-Sparrow, call **43935**.

Cares Act

Health insurance is on the minds of uninsured individuals and families across the country, but most do not know about the new health coverage options made available by the federal patient Protection and Affordable Care Act.

4 Facts That Can Help

Beginning in October 2013, there is a new way to find a quality health insurance plan that fits your needs and your budget through the new Health Insurance Marketplace.

- 1. All plans must cover the care you need, including doctor visits, hospital stays, preventative care, prescriptions, and more.
- 2. Low-cost and free plans are available, and financial help is offered based on how much money you make.

- No one can be denied coverage because they have a pre-existing condition.
- 4. There is no sales pitch or fine print, just side-by-side comparisons of each plan.

Be prepared and empowered to take the next step...

You can talk to an expert- by phone, online, or in person - who will help you choose a plan that is right for you. Go to **Healthcare.gov** or call **1-800-318-2596** to get more information and enroll today.

Privacy of Patient Information

The Health Insurance Portability and Accountability Act (HIPAA), as amended by HITECH, is a law enacted by the federal government with three parts that address the privacy, security and the use and disclosure of health information.

Privacy Rules apply to the protection of a patient's health information. The HIPAA Privacy Rules, and stricter Michigan law dictate how and when protected health information (PHI) can be used or disclosed; whether written, verbal or electronic.

What rights do you have over your health Information?

It is the responsibility of every UM Health-Sparrow team member, physician, volunteer, and contractor or vendor to adhere to regulations, policies/procedures, and patient rights for privacy including:

- Right to confidential communication
- Right to receive a Notice of Privacy Practices to help understand how their PHI is used throughout the health system
- Right to access or receive a copy of their medical records

- Right to request restrictions to how PHI is used
- Right to request changes (amendments to their records)

These guidelines and Patient Rights are outlined in the UM Health-Sparrow Notice of Privacy Practices.

Protecting Our Patients

What is our policy?

UM Health-Sparrow has established policies to safeguard the privacy of our patients' information.

Sparrow caregivers may use or disclose PHI for treatment, payment and health care operations or as required by law, and "Minimum Necessary" standards outlined in the Privacy Rule. Disclosure of PHI for other reasons requires patient authorization or a court order.

Right to Complain

If you believe your rights are being denied or your health information isn't being protected, you can file a complaint with health insurer, UM Health-Sparrow's privacy department by calling **517-364-2161** or the U.S. government at **Ocrportal.hhs.gov/ocr/smartscreen/main.jsf**.

Prevent Hospital Infections

Patients play an important role in infection prevention. As a patient in a health care setting, you are at risk of giving and/or getting an infection while being treated for something else. There are ways you can get involved to protect yourself and others. Most importantly, practice hand hygiene because it is one of the most effective ways to prevent the spread of infection. Key moments for hand hygiene include before touching food, your eyes, nose, or mouth and after using the restroom, blowing your nose, coughing or sneezing. To prevent the spread of respiratory infections.

practice respiratory hygiene/cough etiquette by covering your mouth and nose with a tissue when coughing or sneezing. Also, be aware of health care-associated infections, such as blood, surgical site, urinary tract, Clostridioides difficile or multi-drug resistant infections. To protect yourself from germs that can cause these infections, keep your hands clean by regularly washing them, take antibiotics exactly as prescribed, get vaccinated, and allow health care workers to maintain the cleanliness of you and your room.



MyChart Bedside

A hospital stay can be hard on you and your family. To help, UM Health-Sparrow is providing a tablet, free of charge, for you to use during your stay. It is equipped with MyChart Bedside, an application (app) you can use to:

- learn more about your care team
- view medications, lab results, vital signs, and daily schedule
- review educational materials about your condition and care
- make non-urgent requests for chaplain visits, food menus, blankets, etc.
- sign up for MyChart, which is similar to MyChart Bedside and available on-the-go

Continue to use your nurse call button for urgent requests, including if you are in pain/discomfort or need to use the restroom.

After your stay, we have resources available to you. Visit **UofMHealthSparrow.org/patient-resources** for more information.

Get Started

- Team members will help walk you through logging on and using the app.
- You will need to create a PIN using at least four digits. No letters or characters.
- The app is always active when the tablet is powered on. There is no need to open or close it.
- Your tablet can only access MyChart Bedside. It does not have internet access.

Have questions? Please ask your nurse.

UM Health-Sparrow Foundation: Partners in Care

Philanthropy has been deeply rooted in UM Health-Sparrow's values since we first opened our doors so many years ago. We are proud of our commitment to this community and, with your help, will continue to improve the quality of care provided for all.

When you make a gift to the UM Health-Sparrow Foundation, you are impacting the health of men, women, and children in our community. Your support ensures that UM Health-Sparrow has the facilities, technology, resources, and skilled team members to meet the needs of our region each and every day. Please consider how you can be a partner in health. Get involved with the UM Health-Sparrow Foundation today! Visit **UofMHealthSparrow.org/Foundation** to learn more.

Stay up to date with our latest information on COVID-19, flu, and vaccinations.

- UofMHealthSparrow.org/Flu
- **UofMHealthSparrow.org/CovidCare**
- **UofMHealthSparrow.org/Vaccine**

What if you get sick or hurt when your doctor's office is closed?

Walk-In Care locations are places where you can go for things like cold and flu. rashes, minor burns, and minor infections. Most are open seven days a week and have very little wait time. Note that X-ray services are not available at Walk-In Care locations.

Urgent Care centers are another choice. They can treat problems that are more serious. Most are open seven days a week from 8 a.m. - 8 p.m.

Finally, when you need access to a UM Health-Sparrow provider on your schedule and on your terms, you have access to MySparrow On-Demand Video Visits through a smartphone. tablet, or computer, now available seven days a week, 24 hours a day.

Emergency Departments (ED) - Open 24 hours a day, seven days a week, 365 days a year. If you are having a life-threatening emergency, please call 911 or go to your nearest ED.

Emergency & Immediate Care Locations Check-in online at Urgent Care and Walk-In Care!

Lansing

1215 E. Michigan Ave. 517-364-1000

Okemos

2446 Jolly Road, Suite A 517-253-5500

Emergency Department Locations Carson City

406 E. Elm St. 989-584-3131

St. Johns

805 S. Oakland St. 989-227-3400

UofMHealthSparrow.org/Emergency Charlotte

321 E. Harris St. 517-543-1050

UofMHealthSparrow.org/UrgentCare

Ionia

3565 S. State Road (M-66) 616-523-1400

Urgent Care Locations

Charlotte

616 Meijer Drive 517-541-5935

Monday-Friday | 8 a.m. - 8 p.m. Saturday & Sunday | 8 a.m. - 4 p.m. Closed most major holidays

East Lansing

2682 E. Grand River Ave. 517-333-6562

Grand Ledge

1015 Charlevoix Drive 517-627-0100

Mason

800 E. Columbia St. 517-244-8900

Lansing

1120 E. Michigan Ave. 517-364-9790

UofMHealthSparrow.org/WalkIn

Seven days a week | 8 a.m. - 8 p.m.

Walk-In Care Locations

Carson City 102 S. Third St., Ste 100 989-584-0201

Monday-Friday | 9 a.m. - 5 p.m. Closed most major holidays.

Ionia

550 E. Washington St. 616-523-1644

Monday-Friday | 7:30 a.m. - 7 p.m. Saturday | 8 a.m. - 3:30 p.m. Closed most major holidays.

MySparrow On-Demand Video Visits

UofMHealthSparrow.org/VideoVisit

Now available seven days a week | 24 hours a day

Please check appropriate website pages for updated hours of operation.



UofMHealthSparrow.org