

*Continue the  
healing process*



**SPARROW**  
SPECIALTY HOSPITAL

*Long-Term Acute Care Hospital*

# *Our Mission*

The mission of Sparrow Specialty Hospital is to provide comprehensive, compassionate medical care for people in need of continued care in an environment that is comfortable and convenient for patients and their families.

## *Our Vision*

Our highly trained multidisciplinary team of physicians, nurses, therapists and other professionals, balance advanced technology and focused, compassionate care to treat patients with complex medical conditions. Our goal is simply to give our patients innovative, quality care to help them achieve maximum function.

### *We Believe in Compassion.*

We respond to the needs of our patients in a creative, caring way and advocate for their well-being. We provide loving care and strive to promote the well-being and comfort of those we serve.

### *We Believe in Excellence.*

We strive to provide quality service and create an environment that inspires all people to reach their fullest potential.

### *We Believe in Hospitality.*

We welcome each person with warmth and gentleness, nurturing, hope and healing. We know that hospitalization is never an entirely pleasant experience, but we strive to make patients and their loved ones as comfortable as possible. We want patients to feel at home.

### *We Believe in Collaboration.*

We cooperate and work with others who share our values to maximize holistic care and stewardship of resources. It is our goal to team up with physicians, nurses, patients and their families, and a host of other healthcare professionals to care for our patients in mind, body and spirit.



# SPARROW

SPECIALTY HOSPITAL

Sparrow Health System has opened a new type of hospital specifically created to provide care for long stay acute care patients, providing the opportunity of *time* for healing.

Sparrow Specialty Hospital, the region's first long-term acute care hospital, provides medically complex patients with high levels of specialized care over a longer period of time. Sparrow Specialty Hospital is worth considering for people experiencing a wide range of serious medical illnesses.

Sparrow Specialty Hospital is a long stay acute care hospital. We are not a nursing home. We focus on specific types of seriously ill people with unique needs. Our staff members are highly specialized in their field of training. This degree of specialization means people in need of a high level of care benefit from the skill and advanced medical technology at our facility.

Sparrow Specialty Hospital uses an interdisciplinary approach to maximize each patient's recovery potential. Services include but are not limited to:

- ◆ 24-hour professional nursing care
- ◆ Occupational therapy
- ◆ Physical therapy
- ◆ Respiratory therapy
- ◆ Speech therapy
- ◆ Discharge planning/case management
- ◆ In-patient pharmaceutical services
- ◆ Nutritional services
- ◆ Dialysis
- ◆ Ventilator support
- ◆ Physician specialty services
- ◆ Pastoral care

## Quick Notes

- ◆ Licensure - Long Term Acute Care Hospital
- ◆ Medicare Certified
- ◆ Accepts most insurance plans



# Our Goal

Sparrow Specialty Hospital's goal is to provide aggressive treatment and acute care to patients suffering from a variety of unfortunate incidents and/or illnesses. Our approach to provide acute medical care and therapy services hand-in-hand over extended periods is better for the patient, providing improved patient outcomes and reduced medical costs overall.

Early transfer from a traditional acute care hospital's Critical Care Unit to Sparrow Specialty Hospital drastically decreases long-term setbacks for patients due to debilitation, muscle atrophy and infections. Sparrow Specialty Hospital is committed to "Continuing the Healing Process" within our community.

## Interdisciplinary Team Approach

Sparrow Specialty Hospital's clinical programs are designed to meet the complex needs of its patients via the interdisciplinary team approach. The team is directed by a physician and includes nurses, specialty physicians, case management, nutritional services, pharmacy, therapies and a variety of other services based on the needs of the patient. As additional members of the team, patient and family members are encouraged to participate in all aspects of the patient's care.

## Nurses

Our nurses provide patient care 24 hours a day. They play an important role in shaping treatment plans and assessing each patient's progress toward goals.

## The Physician

Physicians are responsible for managing each patient's medical needs and planning health care and rehabilitation programs. Medical specialties on staff: Internal Medicine, Infectious Disease, Pulmonology, Hospital Intensivists, Infectious Disease, Cardiology, Neurology, Surgery, Nephrology, Gastroenterology, Orthopedics, Hematology/Oncology, Psychology/Psychiatry, Endocrinology and Podiatry.

## Case Manager

The Case Manager is the principle liaison between the patient and the treatment team. The Case Manager's role is to give each patient information about their care plan, to work with the patient and the treatment team formulating a plan of care designed to ensure the patient's needs are being met. The Case Manager also works with patients and families to ensure a smooth and appropriate discharge utilizing resources the patient will need following discharge.

## Registered Dietician

The Registered Dietician provide's patients with an initial nutritional assessment and is available for nutritional consultations as needed during their hospital stay.

## Pharmacy Services

Pharmacy Services strives to provide excellent medication administration and educate our patients and their families on administration and side effects.

## Respiratory Therapy

Respiratory Therapists are on staff 24 hours a day and are an integral part of the total team care of our patients.

## Other Therapy Services

Physical, occupational and speech therapists are on staff to assist patients and help them return to their activities of daily living.

## Other Services

Specialized wound care nurse/team  
Pastoral Care  
Social Worker



# Program Components

## Ventilator Weaning Program

Our philosophy recognizes the special needs of each patient, enabling them to progress at their own pace. Patients in the ventilator weaning program are assessed initially using a “weaning predictability tool” that projects the patient’s ability to tolerate weaning maneuvers and avoid cardio-respiratory distress. Each patient is also assessed to identify appropriate treatment modalities as indicated by disease stage, symptoms, physical assessment and lab values.

Our staff work to decrease our patients’ dependence on medical interventions while maximizing their well-being and independence.

### The goals of the ventilator-weaning program are:

- ◆ Liberation from ventilator-dependence
- ◆ Weaning from an artificial airway (tracheostomy or endotracheal tube)
- ◆ Medical stability
- ◆ Unimpaired swallowing
- ◆ Minimal assistance with mobility, ambulation and self-care activities
- ◆ Patient and Caregivers education
- ◆ Sustained optimal health status

## Complex Pulmonary Program

A specialized focus is placed on patients having chronic obstructive pulmonary disease (COPD), pneumonia and other respiratory infections, acute respiratory failure secondary to pulmonary edema, chronic lung disease or neurological disease, and complicated post-surgical recovery.

## The Medically Complex Patient Program

Sparrow Specialty’s Medically Complex Patient Program is managed by a board certified internist and is designed for those patients having multi-system involvement or failures and is guided by disease specific clinical pathways and indicators researched by a consortium of experts.

The Medically Complex Patient Program provides comprehensive rehabilitation therapies to help build our patients’ strength and stamina, while treating and managing their medical needs. This enables them to progress to other levels of care, such as acute and sub-acute rehabilitation, day rehabilitation or outpatient rehabilitation.

Progress through the medical staff-approved clinical pathways is monitored for variances from the treatment plan at specific intervals to optimize medical and functional outcomes. The ultimate goal is to help patients return to their home or community and achieve the best life possible.

The pre-admission assessment is supplemented by a thorough interdisciplinary clinical assessment to identify care and treatment paths for clinical conditions such as cardiovascular disease, immune deficiencies, endocrine disorders, infectious processes, renal insufficiency, and surgical recovery. Interventions and services focus on the goal of returning the patient to optimal physiological and psychological functioning. Specific areas addressed may include: disease management, medication regime, nutrition, fluid and electrolyte balance, cardiopulmonary stability, tolerance and endurance, behavioral, cultural and social factors.

## Complex Wound Management Program

Here at Sparrow Specialty Hospital, we have assembled a team of experts in the field of wound management to manage each patient, using a multidisciplinary approach to patient care. The program focuses on patients with impaired tissue integrity secondary to various factors.

Conditions and symptoms that may indicate admission to the Complex Wound Management Program include, but are not limited to:

### Slow, non-healing wounds secondary to:

- diabetes
- long-term steroid use
- cellulitis with open wound
- poor nutritional status
- wound dehiscence
- major abdominal surgery
- hip or knee replacement
- skin flaps
- infections
- traumatic injuries
- radiation therapy
- pressure ulcers
- difficult to manage wound location

As directed by the attending physician, our healthcare team works collaboratively to evaluate and manage: co-morbidities, nutrition and hydration, prevention and control of infection, wound healing, functional maintenance and improvement, pain control, healthy tissue, and psychosocial adjustment. Careful assessment, monitoring and communication at team conferences are utilized to ensure the patient's timely discharge home or to a post acute setting.

The medical staff-approved wound care clinical pathway is modeled upon the three phases of tissue repair: inflammation, proliferation, and maturation. This physiology-based model allows clinicians to identify and monitor outcomes based upon observable and measurable clinical parameters.

There are four components integral to the pathway: protocols, policies, procedures, and patient education tools. The care and management of patients with slow healing and sometimes infected wounds is a complex process. Patients admitted to Sparrow Specialty Hospital's Complex Wound Management Program face serious risk of infection and may also have multiple other medical complications.

Our goal is to facilitate wound healing sufficient for discharge home or to a post acute setting.



## The Low-Tolerance Rehabilitation Program

Sparrow Specialty Hospital's Rehabilitation Program serves patients with musculoskeletal and neurological disorders as well as those deconditioned as a result of serious illness but who are too ill to meet the clinical admission criteria of an inpatient rehabilitation program. This program is specifically designed for patients needing rehabilitation for: fractures, joint replacements, amputations, multiple trauma, brain injury, spinal cord injury, degenerative diseases, etc.

Rehabilitation patients are admitted after having an acute event or an exacerbation of a chronic illness that is complicated by medical instability and deconditioning. Clinical pathways consist of protocols that enable our team to evaluate, manage and maximize outcomes for activities of daily living, mobility, nutrition, concurrent diseases or conditions, tolerance and endurance, and behavioral, culture and social issues.

# Referrals, Admissions and Discharges

We are here to continue the healing process. Our integrated approach produces the best outcomes when we begin our treatment early in the patient's recovery process. Most of our patients are admitted to us directly from the Critical Care Units of acute care hospitals.

When you identify a patient who may benefit from the continuing acute care services of Sparrow Specialty Hospital, please call [517.364.6800](tel:517.364.6800) to make a referral.

One of our Case Managers will respond within 24 hours and begin the evaluation and intake process. The clinical evaluation is on-site, when appropriate.

Having the following information available for the Sparrow Specialty Case Manager will assist in the efficient processing of your referral:

- ❖ Patient medical information (condition, medical course) and plan of care
- ❖ Patient demographics and payor information

Sparrow Specialty Hospital strives to make the referral process as smooth and efficient as possible. We accept most insurance plans and work closely with the family, physician, referring hospital and payor to ensure a seamless transfer to Sparrow Specialty Hospital.

We are here to serve you!

The discharge process begins before the patient is admitted to Sparrow Specialty Hospital. It is our goal to help each patient achieve the highest level of function, and discharge as timely as possible. Under the direction of a physician, our case management team works with our interdisciplinary team, the patient and their family toward a successful and timely discharge.

At Sparrow Specialty Hospital, we are committed to continue the healing process through our delivery of high quality patient care. We believe our work is sacred and strive to exceed the expectations of those we serve.



Call [517.364.6800](tel:517.364.6800) to make a referral.



1210 W. Saginaw Hwy. • Lansing, Michigan 48915 • 517.364..6800