Step 1
Empty bladder, Urinate first thing in the morning and discard in toilet. Write the start date and time on the collection label.

Step 2
Collect all subsequent urines for the next 24 hrs into a urine “hat” or other clean dry container and add them immediately to the 24 hr urine jug/container.

Step 3
Your last sample collected is transferred into the jug/container. It should be the first urine of the day and fall at the same time as the “start” time from the previous morning.

Example Label:

COMPLETE THE FOLLOWING:
Collection Started:
Date 8/20 Time 7 AM Nurse ______
Collection finished:
Date 8/21 Time 6:50 AM Nurse ______
Total hours collected: 24 ______

Storage & Temperature for Protein & Creatinine Clearance testing
Keep jug in a cool dry place protected from light and store at room temperature or refrigerate.
• Protein T# 1202
• Creatinine clearance T# 1056 Blood sample must also be obtained for serum creatinine.

Additional Tests
Some tests may not be collected together due to preservative or storage requirements. Please call 364-7800 for special test instructions.

Special 24 hr urine test