A Message from Candace Metcalf, D.O.,
Chief of Medical Staff:

IT Partners

Burnout is a hot topic in healthcare lately, and rightfully so. One of the key drivers of burnout is the EMR. Many Physicians feel that the EMR is the primary culprit in how our lives seem to be changing for the worse. We feel obligated to have our devices open in front of us when seeing Patients, which causes both ourselves and our Patients to feel less engaged. We spend long hours charting after we see Patients. We spend time trying to figure out how to add problems to a list or to find documentation by other providers, when we used to just flip open a paper chart in a folder.

I would like to propose to you that, used effectively, the EMR can actually improve our workflow. I recently spent two hours with Alexandra Lawrin, an EMR trainer. Alex is the person who originally helped me learn EPIC, and she returned to shadow me as I worked. Like many of you, I was still using EPIC the way I had learned it years ago. I had not learned much (ok, anything) about the new functionality since “go live.” In a short time, Alex was able to actually see what I do at work, and how I am using EPIC. She was able to eliminate 5-10 “clicks” per Patient visit! She also listened to my frustrations and was able to address my concerns in a way that was relevant to my workflow.

Each of us is unique in how we work. We see Patients in vastly different environments. Additionally, we have markedly different lifestyles. You may prefer to go home after work and spend time with your family and then complete charts after your kids are in bed. Others may prefer to finish their charting at work so as to leave their laptops in the office. Key to addressing Physician burnout is allowing providers to determine the workflow that best suits them. Optimizing your use of EMR and your devices is one way to control the chaos in your life.

Please consider if adding HAIKU (for mobile phones) or CANTU (for tablets) would help you work more efficiently. If you think these tools would help, reach out to the IT HELP Desk and they will walk you through a very simple process to load them on your phone or tablet. Many providers have told me that having these tools makes their day easier. Also, consider if having an IT person work with you for a few hours might help. I was surprised at the things I learned by having Alex follow me and make suggestions.

The EMR is not going to go away, nor should it. There are many great things about EMR. I can actually read my colleagues’ notes now; I can find consults and old records at 3 a.m. when I need them urgently; I have consistent documentation of medications and allergies!

As we work to address Physician burnout, let’s do what we can to make our lives easier. Let’s make these tools work for us rather than the reverse. Please reach out to the IT HELP Desk and tell them what issues are frustrating you. You may be surprised that they can actually HELP!

Physician in Focus
Going forward in the Medical Staff Newsletter, we would like to provide a forum for Physicians who you feel deserve to be highlighted. Maybe it is a colleague who has an interesting hobby, volunteers or helps our community in some way, or perhaps has initiated a new process or procedure here at Sparrow that has helped improve the Patient experience or
Medical News

Haiku and Canto – Mobile Apps for Epic
Haiku (Androids/iPhones) and Canto (iPads) are mobile apps available for free download through your device’s app store. Haiku and Canto allow you to access a mobile version of iSparrow (Epic) EMR on your personal device, from any location, without having to access the Sparrow network remotely. You can see your Patient list/schedule, Patient information, and In Basket messages directly on your phone or tablet. Anesthesiologists and Surgeons have additional notifications available to them. The Canto application can order IP meds, and Haiku can receive notifications on lab and imaging results.

To enroll in these mobile apps, call the Help Desk at 517.364.4357.

New Additions to Assist with Research and Publication
To assist those conducting research and publication, the Sparrow Health Sciences Library now has two new software packages. Recently added to the computers in the Sparrow Library are IBM’s SPSS and Clarivate Analytics’ EndNote. SPSS “offers advanced statistical analysis, a vast library of machine learning algorithms, text analysis, open source extensibility, integration with big data and seamless deployment into applications.” EndNote is a reference manager, providing the ability to format bibliographies according to publisher preferences. These tools are available now in the Sparrow Health Sciences Library.

Provider Training
We have changed our Physician Open Lab dates to better coincide with training. A trainer will be available in the Physician Lounge by Medical Records on the 1st and 3rd Tuesday of each month. We encourage new users to stop by and ask questions, or save favorites and create your own SmartPhrases. We can also answer questions you may have about the Physician Wireless network and the Haiku / Canto applications.

Upcoming dates:
- Tuesday, June 5
- Tuesday, June 19

We can also help you access the Epic UserWeb so you can view the It’s Possible! videos at your convenience.

Publishing Physicians

Alveolar rhabdomyosarcoma presenting as a lung mass: an uncommon presentation of a less common tumor.
Kandola SK; Rai MP; Rao SL; Marinas EB.
BMJ Case Reports. 2018, 2018 Mar 27.
Request from the Sparrow Health Sciences Library

Angioimmunoblastic T-cell lymphoma: a rare subtype of peripheral T-cell lymphoma.
Rai MP; Bedi PS; Marinas EB; Khan NNS.
Clinical Case Reports. 6(4):750-752, 2018 Apr.
Blastic plasmacytoid dendritic cell neoplasm.
Rai MP; Bedi PS; Kandola SK; Kavuturu S; Singhal R.
Clinical Case Reports. 6(4):770-772, 2018 Apr.

CK 20-positive and CK 7-negative Merkel cell carcinoma of the cheek.
Rai MP; Bedi PS; Singh J; Marinas EB.
Clinical Case Reports. 6(3):549-550, 2018 Mar.

End-of-Life Care for an Undocumented Mexican Immigrant: Resident Perspective.
Karapetyan L; Dawani O; Laird-Fick HS.
Journal of Palliative Care. 33(2):63-64, 2018 Apr..
Request from the Sparrow Health Sciences Library

Hospice and Palliative Care Provider Experiences With Meditation Using Mobile Applications.
Lehto RH; Heeter C; Allbritton M; Wiseman M.
Oncology Nursing Forum. 45(3):380-388, 2018 May 01.
Request from the Sparrow Health Sciences Library

Implications of direct amplification for measuring antimicrobial resistance using point-of-care devices.
Williams MR; Stedtfeld RD; Waseem H; Stedtfeld T; Upham B; Khalife W; Etchebarne B; Hughes M; Tiedje JM; Hashsham SA.
Request from the Sparrow Health Sciences Library

Investigating the Ketogenic Diet As Treatment for Primary Aggressive Brain Cancer: Challenges and Lessons Learned.
Schwartz KA; Noel M; Nikolai M; Chang HT.

Prophylactic catheter ablation of ventricular tachycardia in ischemic cardiomyopathy: a systematic review and meta-analysis of randomized controlled trials. [Review]
Atti V; Vuddanda V; Turagam MK; Vemula P; Shah Z; Nagam H; Yandrapalli S; Jazayeri MA; Koerber S; Gonzalez JV; Natale A; Di Biase L; Lakkireddy DR.

Role Of Conservative Management In Emphysematous Gastritis.
Nemakayala DR; Rai MP; Rayamajhi S; Jafri SM.
BMJ Case Reports. 2018, 2018 Feb 23.
Request from the Sparrow Health Sciences Library

Saw Palmetto for Symptom Management During Radiation Therapy for Prostate Cancer.
Wyatt GK; Sikorskii A; Safikhani A; McVary KT; Herman J.

Wondering why you see your colleagues' citations, but not seeing your publications listed?
It may be that you are not including Sparrow Health System as an affiliated institution when you submit your manuscripts. Since 2014, the National Library of Medicine PubMed database allows for multiple institutional affiliations.
The opportunity exists for you to include those multiple affiliations and provide recognition for the support that Sparrow Health System provides.

Include Sparrow Health System as an affiliated institution when Sparrow is your primary employment, your data is derived from EPIC, your case studies or research is derived from Sparrow Patient interactions, you have used Sparrow resources/services, or when funding originates from Sparrow. The literature indicates a “strong, positive causal effect of research funding on knowledge production.” *(PloS One. 2015; 10(9)e0138176)*

Michael Simmons, Medical Librarian, Sparrow Health System

*Full-text of the articles are available through title links above (please note: a connection to the Sparrow Network may be required to access the full-text), or by request from the **Sparrow Medical Library**. You may also reach them via [medical.library@sparrow.org](mailto:medical.library@sparrow.org) or 364.5660 (option 1). If you have been recently published and do not see your article listed, please contact Michael Simmons at [michael.simmons@sparrow.org](mailto:michael.simmons@sparrow.org) or 364.5656.*

**Physician News**

**Michael Andary, M.D. honored by the Brain Injury Association of Michigan**

On Saturday, April 21, Dr. Andary was recognized with the 2018 Professional Service Award by the Brain Injury Association of Michigan at their annual Spring Tribute Dinner. We are incredibly proud of his professional and personal contributions to raise awareness, improve education, and provide support for those affected by brain injury. Dr. Andary personifies our mission to improve the health of the people in our communities. Every Patient, every time. [Click here to watch a video that was shown in his honor at the event.](#)

Did you get married? Have a baby? Plan to retire? Have we lost a current or former colleague? Please send your submissions to marketing@sparrow.org with the subject line: Medical Staff Newsletter.

**Dr. Malik, M.D. welcomes new baby boy**

Sarah Malik, M.D., a Behavioral Health Physician at Sparrow, welcomed a new baby boy, Wali, on Thursday, March 29.

Wali Shahzad
March 29, 2018
5 lbs. 15 oz.

**Mayo Clinic Care Network**

As a Sparrow Doctor, how can I access Mayo Clinic Network resources for my Patient’s care?

- **eConsults.** Doctors can connect electronically with Mayo Clinic specialists and subspecialists to ask questions about a Patient’s care. To begin an eConsult, go to the eConsult ambulatory order in EPIC or page the eConsult Coordinator at 517.360.8232.
• **Consults for Inpatients.** NEW! A Physician to Physician conversation regarding a Patient’s care and treatment recommendations is available to you. Page eConsult Coordinator at 517.360.8232. This consult service for inpatients is a pilot program, and is very unique to Sparrow, and we are very interested in feedback around its utility. Please discuss your satisfaction with the consult with the eConsult Coordinator at 517.360.8232.

• **AskMayoExpert.** This point-of-care tool gives providers access to Mayo-vetted information, including disease management protocols, care guidelines, treatment recommendations and reference materials. The information is available on desktop computers or mobile devices 24/7 ([askmayoexpert.mayoclinic.org](https://askmayoexpert.mayoclinic.org)). These materials are designed to show you and your Patient what care pathway the particular problem would receive at Mayo.

For any questions please page Sparrow eConsult Coordinator at 517.360.8232.

For the practicing Sparrow Physician, there are also a number of educational resources, as well as access to multidisciplinary consultations such as tumor boards for various conditions that you may be treating. For a complete review of these resources, please access the Mayo Clinic Network Link on Sparrow.org/MCCNTools.

### Dates to Know

**Please note!** In an attempt to better meet the needs of Sparrow Physicians, the regularly scheduled Medical Staff meetings which had been held quarterly at the University Club will now be held semiannually. The next Medical Staff meeting will be Dec. 5, 2018 at the University Club.

We will be adding two half-day CME events. The date for the first CME event is noted below and our second event will be announced soon. Please watch your email for details!

**Quarterly Medical Staff Meetings**

Wednesday, Dec. 5, 2018  
5:30 p.m. hors d’oeuvres | 6:00 p.m. dinner | 6:30 p.m. meeting  
University Club of MSU, Heritage Room

**CME Training Event**

June 2 | 8:30 a.m. to noon  
Michigan Athletic Club

**Sparrow Children’s Center Toy Drive**

May 1-31  
MSUFCU will once again host a toy drive benefiting the Sparrow Children’s Center. MSUFCU will collect toys at its Greater Lansing locations May 1-31. Wish list items include dolls, action figures, arts and crafts items, board games and infant toys. Donations will be given to sick and injured children at the Sparrow Children’s Center.

### Welcome New Physicians

**New Medical Staff**

Syed Ahmed, M.D., Family Medicine  
Ayad Akhras, M.D., Internal Medicine/CDU  
Rashid Alsabeh, M.D., Internal Medicine/CDU  
Michael Casey-Palmisano, D.O., Family Medicine/Observation Center  
Luke Dyras, D.O., Anesthesia
Sparrow New Physicians Network on Facebook
The Sparrow New Physicians Network (SNPN), a group for new Physicians (and their spouses) at Sparrow Health System to facilitate communication, professional networking, share experiences, and coordinate fun events, has a group page on Facebook. This group is intended for Physicians who have been on the Sparrow Medical staff for less than five years or who have completed training within the past 10 years. Founded in 2016, SNPN is organized by the Sparrow Guiding Coalition of Physicians and is generously supported by the Sparrow Foundation.

Past editions of the Sparrow Med Staff Newsletters
This edition of the Sparrow Medical Staff Newsletter and past editions are available online through the Intranet here (when you are on the Sparrow Network), or on our website here.