

**OTHER AVAILABLE
EVE, INC. RESOURCES**

Crisis Intervention/Client Support

24-hour crisis line to provide support, information, and referrals.

Shelter

Temporary emergency housing, meals and personal care items.

Advocacy

Case management services in the areas of medical, financial, employment, legal, housing, and transportation needs.

Personal Protection Order Office

Technical assistance and information on the process of filing a Personal Protection Order.

Community Education

Includes Dating Violence Prevention Education for youth ages 12-18, parent workshops on talking to children about healthy and unhealthy relationships, and presentations in the community on domestic violence and EVE's services.

Mailing Address:

EVE, Inc.
P.O. Box 14149
Lansing, MI 48901

EVE's House
Shelter, Programs, Services
24 hour crisis line: 517-372-5572
Toll free: 1-888-796-5222
Fax: 517-372-0024

EVE, Inc. Administrative Office
Monday – Friday 8 am – 4 pm
Business line: 517-372-5976
Fax: 517-702-9908

For more information
check out our website at
www.eveinc.org

**EVE, Inc.
Counseling Program**

Providing services since 1977

**Individual and
Family Counseling**

Support Groups

Community Outreach



Our Mission

Provide shelter and supportive services for the victims of domestic violence, while seeking to end domestic violence through public awareness and community education.

EVE, INC. COUNSELING PROGRAM

EVE's counseling program serves individuals who have experienced domestic violence. We utilize a non-judgmental, supportive, and strengths-based approach with a philosophy of empowerment. Women and children from all racial, ethnic, religious, and sexual orientation backgrounds are welcome.

All of EVE's counseling services are client-centered, CONFIDENTIAL, and free of charge.

Our counseling program consists of masters and doctoral level staff and interns in the social work, psychology, and counseling fields. All interns are supervised by experienced staff on-site as well as faculty from area universities.

Topics that may be addressed in our counseling program include:

- 🦿 Safety
- 🦿 Boundaries
- 🦿 Feelings
- 🦿 Self-Esteem
- 🦿 Communication
- 🦿 Types of Abuse
- 🦿 Conflict Resolution
- 🦿 Assertiveness
- 🦿 Responsibility
- 🦿 Healthy Relationships
- 🦿 Domestic Violence Within the Family

SERVICES PROVIDED

Individual and Family Counseling

Individual sessions are available for women and children ages five and older. Family counseling is offered to mothers and their children.

Support Groups for Women

Family Focus Group: Information, education, and support for mothers and women who interact with children. Areas of discussion may include positive discipline, rules and boundaries, building a child's self-esteem, communication, being a role model, and effects of domestic violence on children.

Tuesdays 7 pm – 9 pm

Women's Support Group: For women who have experienced or are currently in a domestic violence relationship. Areas of discussion may include leaving vs. staying, your support system, power and control, types of abuse, boundaries, and healthy relationships.

Thursdays 7 pm – 9 pm

Support Groups for Children

Domestic Violence Education Group: For children ages 5 and older. Children are educated about the dynamics of domestic violence and encouraged to express their feelings and develop safety plans.

Sexual Assault Prevention Education Group (SAPE): Through the use of stories, movies, books and other materials, children 5 years and older are educated about how to prevent sexual assault.

Girls are Powerful (GAP) Group: For girls ages 12-16. These empowerment based groups focus on healthy relationships and conflict resolution. They are held in area schools and run for ten weeks.

Support Groups for Families

Outreach Groups: A ten week group for mothers and their children ages 3-12 addressing parenting and domestic violence with topics on safety, feelings, family, and conflict resolution. Groups are held throughout the school year.

SETTING UP AN APPOINTMENT

Individual and family appointments are generally available during daytime and evening hours, with some weekend hours. We have facilities available for people who need barrier free accessibility.

Free childcare may be available during support group times. Please call ahead to confirm. For more information or to set up an appointment, call:



517-372-5572