

## **Infant Caps and Footies to Crochet or Knit** ***For Sparrow Hospital's Nurseries***

Sparrow Hospital's Regional Neonatal Intensive Care Unit (RNICU) and Term Nurseries are thrilled that you care enough to donate your time to make footies and caps for the many babies that are born at Sparrow each week.

Following are the instructions for knitted and crocheted footies and knitted caps. The caps should fit an orange for the "preemies" and a grapefruit for the "full-term" babies. The footies are like tube socks with no heels and are very simple to make. The style also makes them stay on the tiny wiggly feet.

Items can be dropped off at the Volunteer Services office at the Sparrow Campus or at the St. Lawrence Campus between 8 a.m. – 5 p.m., Monday – Friday. Please enclose a note with your name and address so that we may properly thank you for your kindness.

### **Infant Caps to Crochet**

Use a size D or 3 crochet hook and baby or fingering weight yarn.

**Ribbing:** Chain (ch) 8 stitches (sts); turn, single crochet (sc) into 2<sup>nd</sup> ch from hook and each st across. Ch 1, turn. Row 2: Sc into back loop only of each sc across. Ch 1, turn. Repeat (rep) row 2 until there are 24 redges. Fasten off and sew seam in ribbing to form a circle.

Attach yarn at seam and ch 3. Double crochet (dc) in end of each row of ribbing; slip stitch (sl st) to join, ch 3. Work 4 rounds (rnds) of dc joining rnds with sl st.

**1<sup>st</sup> decrease (dec) Rnd:** Ch3 \* dc 3, dec on next 2 sts; rep from \* around, ending dc on any extra sts. Work 1 rnd even.

**2<sup>nd</sup> Dec Rnd:** Ch 3 \* dc 2, dec on next 2 sts; rep from \* around, ending dc any extra sts. Work 1 rnd even.

**3<sup>rd</sup> Dec Rnd:** Ch 3 \* dc 1, dec on next 2 sts, rep from 1 ending dc any extra sts. Work 1 rnd even.

**4<sup>th</sup> Dec Rnd:** Ch 3 \* dec on next 2 sts; rep from \* around, ending dc any extra sts. Draw together remaining sts and fasten off securely.

### **Infant Footies to Crochet**

Use a size D or E crochet hook and baby or fingering weight yarn.

Chain 36 stitches (sts); 1 single crochet (sc) in 2<sup>nd</sup> stitch (st) from hook and in each of chain sts to end.

Chain 1 st. Turn. Sc in each sc in back loop from now until you have 13 ribs or 4 inches.

Leave about a 12-inch strnd of yarn for weaving the long sides together. Knot at the end, but continue weaving around the end of toe and pull together.

### **Infant Caps to Knit**

- Use #4 needles and baby weight yarn.
- Cast on 72 stitches (sts)
- Knit (k) 2, Purl (p) 2 or 3 inches.
- K the next 2 rows to make a ridge on the right side.
- P one row
- Work in Stockinette Stitch (st st; k one row, p one row) for 14 rows.
- K the next 2 rows to make another ridge.
- P one row. Next row: k2 together (tog) across row.
- Repeat the last two rows until you have 9 sts remaining on the needle.
- Leave a strand of yarn long enough to weave the back seam together, draw the strand through the 9 sts and fasten.
- Weave the back seam together.

### **Infant Footies to Knit**

- Use #4, 5, or 6 needles and baby or fingering weight yarn.
- Cast on 36 stitches (sts)
- Row1: Knit (k)
- Row 2: Purl (p)
- Row 3: k
- Repeat these 3 rows until you have 4 inches or 16 ribs. Bind off leaving about a 12 inch strand of yarn. Weave long sides together and fasten but continue across toe. Pull together and fasten.