

Maintenance 2010 Weigh In's & Blood Pressure Checks

	MONDAY	THURSDAY
	4:30-5:30	11:00 – 12:00
JANUARY	11	14
	25	28
FEBRUARY	8	11
	22	25
MARCH	8	11
	22	25
APRIL	12	8
	26	22
MAY	10	13
	24	27
JUNE	14	10
	28	24
JULY	12	8
	26	22
AUGUST	9	12
	23	26
SEPTEMBER	13	9
	27	23
OCTOBER	11	14
	25	28
NOVEMBER	8	11
	22	Office Closed
DECEMBER	13	9
	27	23