

# MARY FREE BED AT SPARROW REHABILITATION OUTCOMES REPORT

Mary Free Bed  
Rehabilitation



**Service Dates:** January 1, 2016 through December 31, 2016

## STRIVING FOR EXCELLENCE

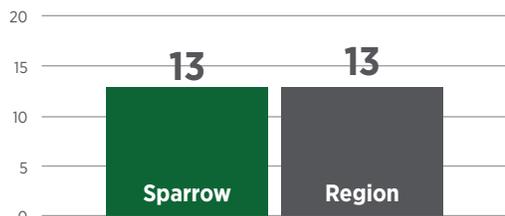
Mary Free Bed provides the most comprehensive rehabilitative services in the state. Sparrow is the largest provider of inpatient rehabilitative care in mid-Michigan and the region's only Level 1 Trauma Center. Mary Free Bed at Sparrow offers highly specialized inpatient rehabilitative care for the mid-Michigan region. At Mary Free Bed at Sparrow we use an outcome tool called FIM™, which is the most widely accepted measurement system in medical rehabilitation. This tool compares our patients' outcomes with other similar inpatient rehabilitation programs in the region as a way of letting us know how we are doing. This report demonstrates who we served in the year 2016 and how a number of our important performance measures compared to the region.

## PERSONS SERVED

NUMBER SERVED: **881**  
55% Men  
45% Women

## LENGTH OF STAY

On average, our patients stayed in our inpatient rehabilitation program for 13 days, which is on par with the regional average.

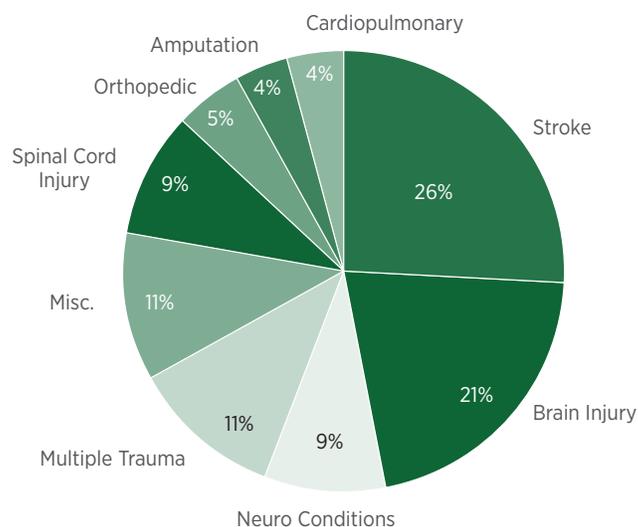


## AVERAGE HOURS OF THERAPY PER DAY

In 2016, our patients averaged 3.63 hours of therapy five out of seven days, exceeding Medicare-mandated minimums for inpatient rehabilitation programs.

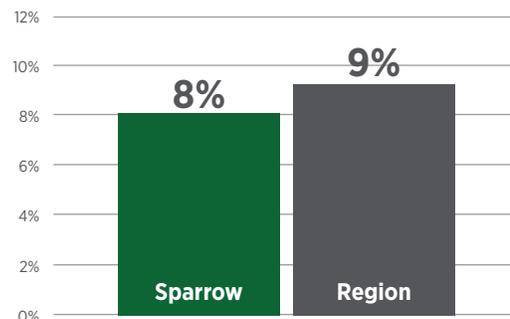
## PATIENTS SERVED BY DIAGNOSIS

The chart below shows, by percentage, the diagnoses of those we serve. We treat patients with additional conditions that include pain and cancer.



## UNPLANNED TRANSFERS TO ACUTE CARE

Sometimes, after a person is admitted into the rehabilitation program, he or she can develop an unexpected medical condition that requires a return to the acute care hospital. The graph below shows that we needed to send fewer people back to the acute care hospital.



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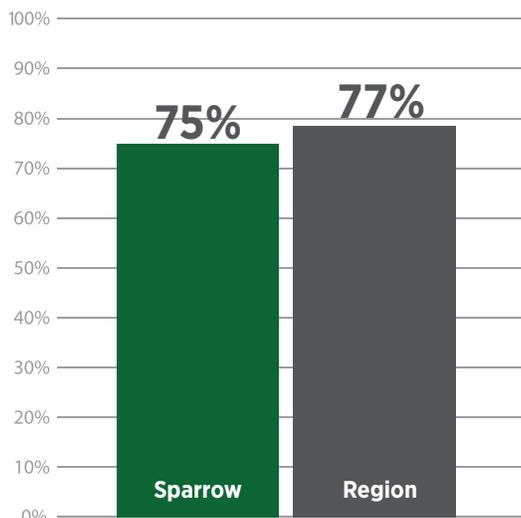
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## DISCHARGE TO HOME & COMMUNITY

Below is a graph showing the percentage of patients able to return to living in the community. The 25% percent who did not return to a community setting typically returned instead to the acute care hospital due to an unexpected medical condition or required a long-term care setting as the next step.



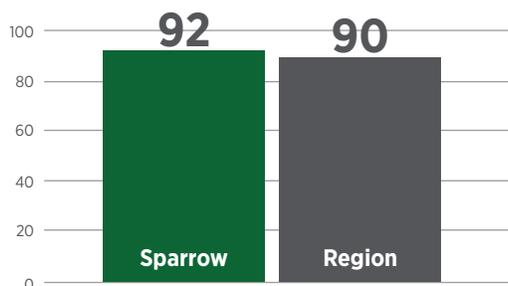
FIM™ SCALE CATEGORIES	
<b>Self-Care</b>	Eating Dressing/upper body Grooming Dressing/lower body Bathing Toileting
<b>B/B Management</b>	Bladder management Bowel management
<b>Mobility</b>	Mobility (Bed, chair, wheelchair) Transfers (Toilet) Transfers (Tub, shower)
<b>Locomotion</b>	Walk or wheelchair Stairs
<b>Communication</b>	Comprehension Expression
<b>Cognition</b>	Social interaction Problem solving Memory

Mary Free Bed at Sparrow is committed to providing quality care. Our goal is to work with you to get you back to the things that matter most – to you! Thank you for considering Mary Free Bed at Sparrow for your rehabilitation needs.

To refer a patient, please call 517.364.4610.

## FUNCTIONAL IMPROVEMENT

We measure how much progress a person makes by using the FIM™ outcome scale. The table on the top right shows the areas that are evaluated and the graph below illustrates how our discharge scores compare.



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517.364.4610  
Sparrow.org/MaryFreeBed



Accredited by CARF as a Comprehensive Inpatient Rehabilitation program