

# MARY FREE BED AT SPARROW REHABILITATION OUTCOMES REPORT

Mary Free Bed  
Rehabilitation

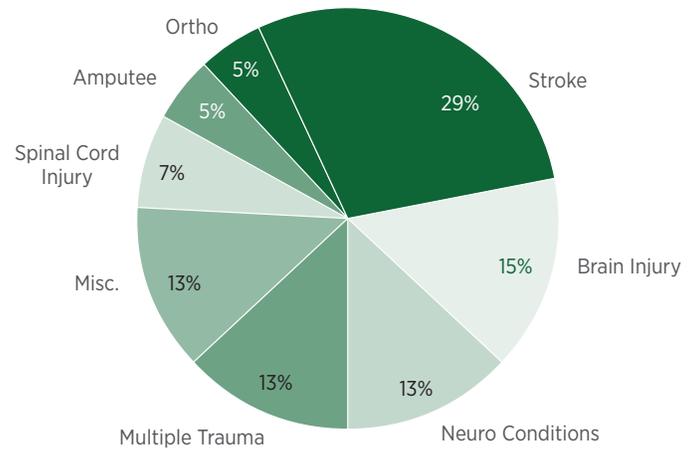


**Service Dates:** January 1, 2015 through December 31, 2015

Mary Free Bed provides the most comprehensive rehabilitative services in the state. Sparrow is the largest provider of inpatient rehabilitative care in mid-Michigan and the region's only Level 1 Trauma Center. Mary Free Bed at Sparrow offers highly specialized inpatient rehabilitative care for the mid-Michigan region. At Mary Free Bed at Sparrow we use an outcome tool called FIM™, which is the most widely accepted measurement system in medical rehabilitation. This tool compares our patients' outcomes with other similar inpatient rehabilitation programs in the region as a way of letting us know how we are doing. This report demonstrates who we served in the year 2015 and how a number of our important performance measures compared to the region.

## PATIENTS SERVED BY DIAGNOSIS

The chart below shows, by percentage, the diagnoses of those we serve. We treat additional conditions, such as cardiac, pulmonary, pain and cancer.

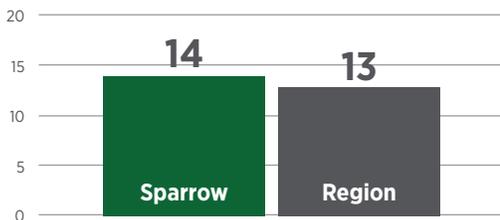


## PERSONS SERVED

NUMBER SERVED: **563**  
54% Men  
46% Women

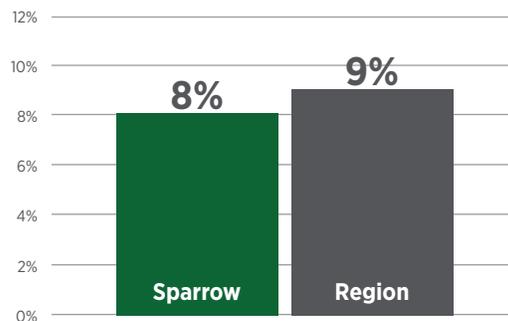
## LENGTH OF STAY

On average, our patients stay in our inpatient rehabilitation program for 14 days, which is one day longer when compared to the regional average.



## UNPLANNED TRANSFERS TO ACUTE CARE

Sometimes after a person is admitted into the rehabilitation program they develop an unexpected medical condition that requires the person's return to the acute care hospital. The graph below shows that we need to send fewer people back to the acute care hospital.



## AVERAGE HOURS OF THERAPY PER DAY

Our patients at Mary Free Bed at Sparrow averaged 3.58 hours of therapy five out of seven days during 2015.

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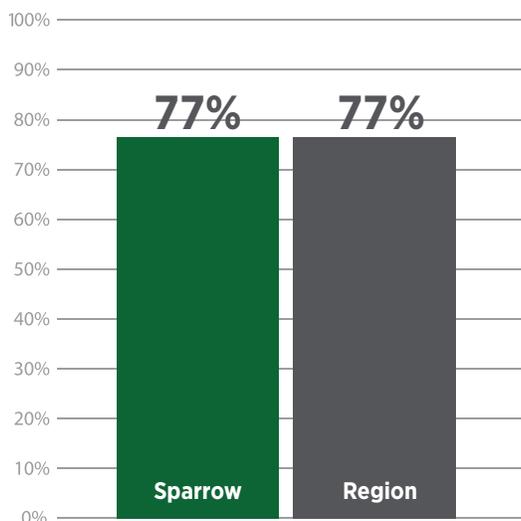
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## DISCHARGE TO HOME & COMMUNITY

The 23% of patients who did not return to a community setting typically returned instead to the acute care hospital due to an unexpected medical condition or required a long-term care setting as the next step.



FIM™ SCALE CATEGORIES	
<b>Self-Care</b>	Eating Dressing/upper body Grooming Dressing/lower body Bathing Toileting
<b>B/B Management</b>	Bladder management Bowel management
<b>Mobility</b>	Mobility (Bed, chair, wheelchair) Transfers (Toilet) Transfers (Tub, shower)
<b>Locomotion</b>	Walk or wheelchair Stairs
<b>Communication</b>	Comprehension Expression
<b>Cognition</b>	Social interaction Problem solving Memory

## PATIENT SATISFACTION

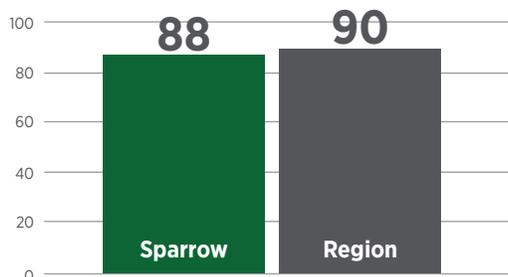
In 2015, we received a 79% excellent ranking on our surveys from our patients.



Source:  
Professional Research Consultants, Inc.

## FUNCTIONAL IMPROVEMENT

We measure how much progress a person makes by using the FIM™ outcome scale. The table on the top right shows the areas that are evaluated and the graph below illustrates how our discharge scores compare.



Mary Free Bed at Sparrow is committed to providing quality care. Our goal is to work with you to get you back to the things that matter most – to you! Thank you for considering Mary Free Bed at Sparrow for your rehabilitation needs. To refer a patient, please call 517.364.4610.



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Sparrow.org/MaryFreeBed



Accredited by CARF as a  
Comprehensive Inpatient  
Rehabilitation program