A Message from John Kepros, M.D.,
Chief of Medical Staff:

A First World Problem
“The root of joy is gratefulness...it is not joy that makes us grateful; it is gratitude that makes us joyful.”
- David Steindl-Rast, Benedictine monk

During the recent installation of outdoor lighting, our home internet cable was inadvertently severed. To make things worse, we have a bundled package.

_The entire family would have to go without internet, land line telephone, or cable television._

It gets even worse. This return to the Stone Age could not be corrected remotely and would last until the cable was physically repaired which was not scheduled until the following day.

_We needed a plan to make it through the night._

Because it is often difficult to think clearly during a crisis, Canadian survival expert and Star of Survivorman, Les Stroud has developed a simplified process for developing an emergency plan. It consists of three inventories:

1. What is on you?
2. What is in your immediate area?
3. What is in your extended surroundings?

Because my family was not overly concerned about this situation, I took the lead in performing the inventory assessment.

Our mobile phones are through a different provider, which meant we had backup internet access. We could text, use Snapchat and Facetime. We still had electricity, refrigeration, hot and cold water, air conditioning, food, and all previously downloaded internet content. We also had bicycles and several cars for transportation.

I was already feeling better.

I won’t burden the story with details of our suffering, anxiety, fear, and ultimate resilience, but surviving this crisis has put me in a position to assess the inventories of another crisis: Healthcare financing in the United States.

_What is on you?_ According to projections published in 2016 in _Health Affairs_, total national health expenditures in the United States was projected to exceed $10,000 per person in 2016. This is more than any other country in the World Health Organization Global Health Expenditure database.

_What is in your immediate area?_ Data from the National Health Interview Survey reveals 88.1% of Americans had a usual place to go for medical care.

_What is in your extended surroundings?_ There are a tremendous number of engaged stakeholders and a large amount of research which has been performed ready to be used in designing a high quality, low cost system.
As a wealthy, first world nation we clearly have resources, we have the knowledge and capacity necessary to design an effective system, and many Americans are already receiving excellent healthcare. The problem starts, when the analysis is continued, in ineffective distribution of resources.

Three of the four challenges outlined by Eric Schneider in a recent 2017 editorial in *The New England Journal of Medicine* are related to misdistributions. We have uninsured Patients who have little or no access to healthcare, disparities in care related to socioeconomic conditions, and relatively few primary care Physicians even for those who are insured. Misdistributions in conflict with responsibilities to provide care frequently force health systems and providers to shift costs.

Robert Kaplan, in the September 2011 issue of the *Harvard Business Review*, suggests that cost shifting ultimately leads to simplistic actions with disastrous consequences and that accurate costing is a major part of the solution. Without accurate costing we fail to see the value in social support and disease prevention and will continue to shift these problems to the more expensive and less effective healthcare system.

The inventories assessment in our cable crisis, and healthcare financing, show us how much we actually have. It is much easier, however, for a family to go overnight without nonessential items than segments of the population to go indefinitely without essential healthcare. There have been many good models for cost effective two-tiered systems. We should rely on our humanity and not politics to decide which one is best for us.

Follow the Chief of Medical Staff on Twitter!
Chief of Medical Staff John Kepros, M.D., has a Twitter feed to promote and share Medical Staff-related events, news and information. It is a fast and easy way to stay connected using social media.
Are you on Twitter? Follow @KeprosSparrow.

Sparrow New Physicians Network on Facebook
The Sparrow New Physicians Network (SNPN), a group for new Physicians (and their spouses) at Sparrow Health System to facilitate communication, professional networking, share experiences, and coordinate fun events, now has a group page on Facebook. This group is intended for Physicians who have been on the Sparrow Medical staff for less than five years or who have completed training within the past 10 years. Founded in 2016, SNPN is organized by the Sparrow Guiding Coalition of Physicians and is generously supported by the Sparrow Foundation.

Past editions of the Sparrow Med Staff Newsletters
This edition of the Sparrow Medical Staff Newsletter and past editions are available online through the Intranet here (when you are on the Sparrow Network), or on our website here.

Publishing Physicians

**Aspiration Thrombectomy After Intravenous Alteplase Versus Intravenous Alteplase Alone.**
Mocco J; Zaidat OO; von Kummer R; Yoo AJ; Gupta R; Lopes D; Frei D; Shownkeen H; Budzik R; Ajani ZA; Grossman A; Altschul D; McDougall C; Blake L; Fitzsimmons BF; Yavagal D; Terry J; Farkas J; Lee SK; Baxter B; Wiesmann M; Knauth M; Heck D; Hussain S; Chiu D; Alexander MJ; Malisch T; Kirmani J; Miskolczi L; Khatri P; THERAPY Trial Investigators*.

**The Effect of a Community-Based Medical School on the State and Local Physician Workforce.**
Phillips JP, Wendling AL, Fahey CA, Mavis BE.
Incidence and risk factors of venous thromboembolism (VTD) in patients with amyloidosis.
Srkalovic G; Cameron MG; Deitcher SR; Kattke-Marchant K; Hussein MA
International Seminars in Surgical Oncology. 2:17, 2005 Sep 02.

A worldwide Experience of the Management of Battery Failures and Chronic Device Retrieval of the Nanostim Leadless Pacemaker.
Lakkireddy D; Knops R; Atwater B; Neuzil P; Ip J; Gonzalez E; Friedman P; Defaye P; Exner D; Aonuma K; Doshi R; Sperzel J; Reddy V.
Heart Rhythm., 2017 Jul 10

Wondering why you see your colleagues’ citations, but not seeing your publications listed?
It may be that you are not including Sparrow Health System as an affiliated institution when you submit your manuscripts. Since 2014, the National Library of Medicine PubMed database allows for multiple institutional affiliations. The opportunity exists for you to include those multiple affiliations and provide recognition for the support that Sparrow Health System provides.

Include Sparrow Health System as an affiliated institution when Sparrow is your primary employment, your data is derived from EPIC, your case studies or research is derived from Sparrow Patient interactions, you have used Sparrow resources/services, or when funding originates from Sparrow. The literature indicates a “strong, positive causal effect of research funding on knowledge production.” * Your publications will inspire others!

Michael Simmons, Medical Librarian, Sparrow Health System

*(PloS One. 2015; 10(9)0138176)

Full-text of the articles are available through title links above (please note: a connection to the Sparrow Network may be required to access the full-text), or by request from the Sparrow Medical Library. You may also reach them via medical.library@sparrow.org or 364.5660 (option 1). If you have been recently published and do not see your article listed, please contact Michael Simmons at michael.simmons@sparrow.org or 364.5656.

Physicians in the News

Sparrow Herbert-Herman Cancer Center
There was extensive media coverage of our Sparrow Herbert-Herman Cancer Center opening. Below are some of the media reports, and interviews over the past few weeks featuring the Cancer Center’s Tim McKenna, D.O., and others.


Medical News

MyPHP, a new portal to PHP healthcare
We’re pleased to announce a new PHP self-service portal available for PHP Members, Providers, and Employers. Some Provider highlights include:

- Search Patients to verify eligibility and coverage information
- View and download a member’s benefit details, documents, summary of benefits
- View the status of a Prior Authorization and obtain the Prior Authorization number
• Search and view claims (status, amount paid, paid dates, claim history)
• Search, view, and print EOP’s
• View and print Primary Care Physician Patient rosters

Visit the MyPHP Provider portal at PHPMichigan.com/MyPHP to register and start exploring this great new service!

**Sparrow TCI consolidating heart care with move into new Sparrow Plaza**

Sparrow Thoracic and Cardiovascular Institute (TCI), the pre-eminent provider of heart and vascular care in the mid-Michigan region, is consolidating its offices and moving into the new Sparrow Plaza Building to provide better access to diagnostic, lab, and pharmacy services, as well as TCI’s unique collaborative teams of specialists. The Greenlawn location will move July 24, and the Sparrow Professional Building location will move July 31.

**Haiku & Canto**

Haiku and Canto are apps created by Epic for smartphones and tablets, respectively. Haiku is available for iPhones and Android smartphones, while Canto is available for iPads. With these apps, you can have secure access to Patient charts, InBasket messages, and the results of lab tests right at your fingertips!

Another beneficial feature is clinical image capture- simply take a photo of the Patient’s injury and it will save right into the Patient’s Media tab in Hyperspace.

These apps can save you time while at work and many Sparrow providers have already successfully incorporated them into their daily routine.

As Haiku and Canto contain sensitive Patient information, MobileIron is required to be installed on your device as a precaution to secure the data. Our team is happy to speak over the phone or meet in person at your convenience to help with the installation process, answer any questions about the apps, or conduct demonstrations of the apps at your practice.

Please contact Shivani Joshi at Shivani.Joshi@sparrow.org or 517.332.9740. or Shreya Ranjan at Shreya.Ranjan@sparrow.org or 517.332.9723 to set up an appointment.

**Mayo Clinic Care Network**

**As a Sparrow Doctor, how can I access Mayo Clinic Network resources for my Patient’s care?**

- **eConsults.** Doctors can connect electronically with Mayo Clinic specialists and subspecialists to ask questions about a Patient’s care. To begin an eConsult, go to the eConsult ambulatory order in EPIC or page the eConsult Coordinator at 517.360.8232.

- **Consults for Inpatients.** NEW! A Physician to Physician conversation regarding a Patient’s care and treatment recommendations is available to you. Page eConsult Coordinator at 517.360.8232. This consult service for inpatients is a pilot program, and is very unique to Sparrow, and we are very interested in feedback around its utility. Please discuss your satisfaction with the consult with the eConsult Coordinator at 517.360.8232.

- **AskMayoExpert.** This point-of-care tool gives providers access to Mayo-vetted information, including disease management protocols, care guidelines, treatment recommendations and reference materials. The information is available on desktop computers or mobile devices 24/7 (askmayoexpert.mayoclinic.org). These materials are designed to show you and your Patient what care pathway the particular problem would receive at Mayo.

For any questions please page Sparrow eConsult Coordinator at 517.360.8232.

For the practicing Sparrow Physician there are also a number of educational resources, as well as access to multidisciplinary consultations such as tumor boards for various conditions that you may be treating. For a complete review of these resources, please access the Mayo Clinic Network Link on Sparrow.org/MCCNTools.
Mayo Clinic Care Network IBD eBoard

Mayo Clinic Care Network is offering a new eBoard for its members, Inflammatory Bowel Disease (IBD).

Mayo Clinic Care Network member providers caring for Patients with IBD will have access to Mayo Clinic IBD eBoard. Similar to the current offering of eTumor Board conferences, IBD eBoard is a multidisciplinary educational discussion via live video conference, offering informal advice regarding suitable diagnostic tests and treatment options for complex inflammatory bowel disease cases. The IBD eBoard will be held the second and fourth Thursdays of each month from 8-9 a.m. in conference Room B in the Cancer Center.

In addition to the live conferences, video archives will be available. Each archived IBD eBoard will be posted within 24 hours of each conference and available for one week on the Mayo Clinic Care Network site.

The eBoard is open to all care network members. The target audience may include Physicians as well as APP’s caring for Patients with IBD.

If you have any questions regarding how to participate or submit cases for review, please page the Mayo Services Coordinator at 517.360.8232 to assist you.

Dates to Know

Upcoming Quarterly Medical Staff Meetings
5:30 p.m. hors d’oeuvres | 6:00 p.m. dinner | 6:30 p.m. meeting
University Club of MSU, Heritage Room

Tuesday, Sept. 5, 2017 | Special Invite to Michigan State University Physicians
Wednesday, Dec. 6, 2017 | Recognition of New/Past Physicians, Election for Chief of Staff Elect

Welcome New Physicians

New Medical Staff
Sonali Arora, M.D., Department of Internal Medicine/Cardiology
Christopher Cooper, M.D., Department of Internal Medicine/MSU Infectious Disease
Olga Dewald, M.D., Department of Emergency Medicine
Suzanne Dupler, D.O., Department of Anesthesia
Brett Gerstner, D.O., Department of Emergency Medicine
Jesse Guasco, D.O., Department of Psychiatry/MSU
David Hickling, D.O., Department of Family Medicine
Kate Hughes, D.O., Department of Emergency Medicine
Kristin N. Koskela, M.D., Department of Obstetrics & Gynecology
Nicole L. McGraw, D.O., Department of Obstetrics & Gynecology
Muhammad Nabeel, M.D., Department of Internal Medicine
Kimberly Ploehn, M.D., Department of Family Medicine
Jamila Power, M.D., Department of Emergency Medicine
Jonathan Rayman, DPM, Dept. of Surgery/Podiatry
Turab Raza, M.D., Department of Internal Medicine, Hospitalist
Katie Ryan, M.D., Department of Family Medicine
Paul Smith, M.D., Department of Anesthesiology
Fraley Stewart, M.D., Department of Family Medicine
Suresh Subedi, M.D., Department of Internal Medicine/Hospitalists