

# MARY FREE BED AT SPARROW REHABILITATION OUTCOMES REPORT

Mary Free Bed  
Rehabilitation



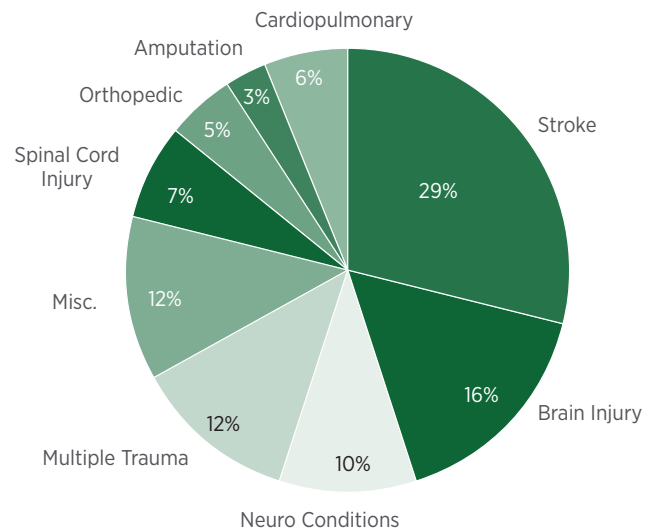
**Service Dates:** January 1, 2017 through December 31, 2017

## STRIVING FOR EXCELLENCE

Mary Free Bed provides the most comprehensive rehabilitative services in the state. Sparrow is the largest provider of inpatient rehabilitative care in mid-Michigan and the region's only Level 1 Trauma Center. Mary Free Bed at Sparrow offers highly specialized inpatient rehabilitative care for the mid-Michigan region. At Mary Free Bed at Sparrow we use an outcome tool called FIM™, which is the most widely accepted measurement system in medical rehabilitation. This tool compares our patients' outcomes with other similar inpatient rehabilitation programs in the nation as a way of letting us know how we are doing. This report demonstrates who we served in the year 2017 and how a number of our important performance measures compared to the nation.

## PATIENTS SERVED BY DIAGNOSIS

The chart below shows, by percentage, the diagnoses of those we serve.



## PERSONS SERVED

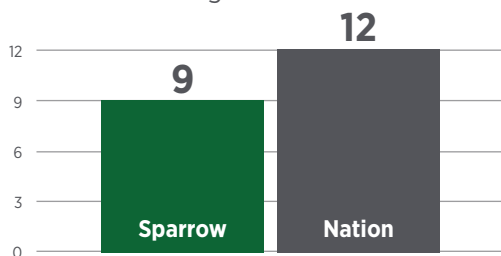
NUMBER SERVED:

**920**

53% Men  
47% Women

## ONSET DAYS

Onset days refers to how soon the patient comes to rehabilitation after the initial diagnosis or injury. We are able to admit and start rehabilitation three days sooner compared to the national average.

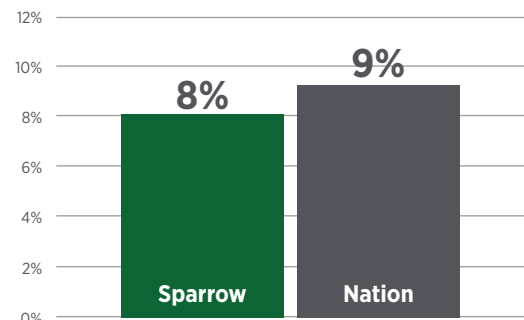
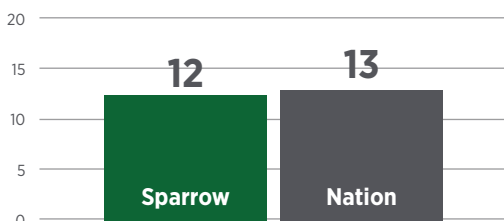


## UNPLANNED TRANSFERS TO ACUTE CARE

Sometimes, after a person is admitted into the rehabilitation program, he or she can develop an unexpected medical condition that requires a return to the acute care hospital. We continue to strive for fewer patients returning to acute care.

## LENGTH OF STAY

The average number of days our patients stay with us is one day shorter than the national average.



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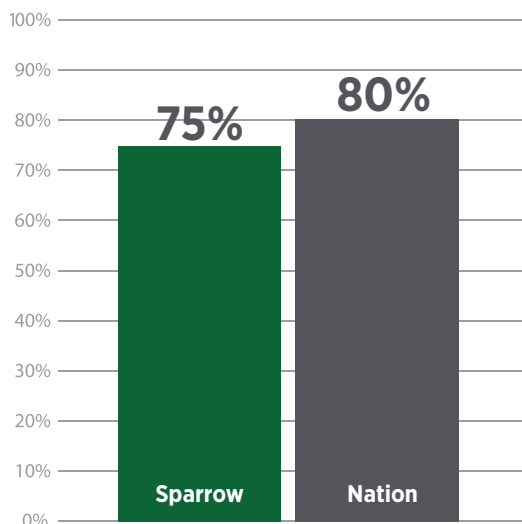
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## DISCHARGE TO HOME & COMMUNITY

Below shows the percentage of patients able to return to living in the community.



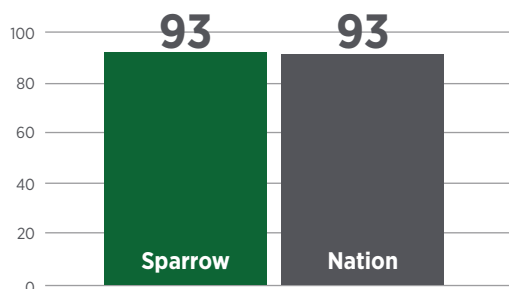
FIM™ SCALE CATEGORIES	
<b>Self-Care</b>	Eating Dressing/upper body Grooming Dressing/lower body Bathing Toileting
<b>B/B Management</b>	Bladder management Bowel management
<b>Mobility</b>	Mobility (Bed, chair, wheelchair) Transfers (Toilet) Transfers (Tub, shower)
<b>Locomotion</b>	Walk or wheelchair Stairs
<b>Communication</b>	Comprehension Expression
<b>Cognition</b>	Social interaction Problem solving Memory

## AVERAGE HOURS OF THERAPY PER DAY

In 2017, our patients averaged 3.62 hours of therapy five out of seven days, exceeding Medicare-mandated minimums for inpatient rehabilitation programs.

## FUNCTIONAL IMPROVEMENT

We measure, using a point system, how much progress a person makes by using the FIM™ outcome scale. The FIM™ scale categories table shows the areas that are evaluated and the graph below illustrates how our discharge scores compare.



Mary Free Bed at Sparrow is committed to providing quality care. Our goal is to work with you to get you back to the things that matter most – to you!

Thank you for considering Mary Free Bed at Sparrow for your rehabilitation needs.

To refer a patient, please call 517.643.6817.



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Lansing, MI 48912  
517.643.6817  
Sparrow.org/MaryFreeBed



Accredited by CARF as a Comprehensive Inpatient Rehabilitation program