Title: Infant Massage
Position Reports to: RNICU
Location: Sparrow Campus
Age of Population Served: Infant

General Purpose: Infant Massage volunteers provide gentle massage therapy to infants in the RNICU. Volunteers provide the unit additional support by stocking supplies, reinforce proper hand washing protocol with parents. Helping hands volunteers assist nurses and other staff in performing many duties, which directly or indirectly impact parents, babies and their families.

Volunteers who are successful in this position understand that they are working in an Intensive Care Unit. They are respectful to the individual needs of parents, infants, and recognize the sensitive nature of care that is being given to infants. Volunteers serve a vital role in the RNICU, but must be sure not to overstep the medical caregiver’s instruction. This role is best suited for a volunteer in excellent health who can work quietly in the unit with a partner.

Essential Duties:
This description is intended to cover the minimum essential duties assigned on a regular basis. Volunteers may be asked to perform additional duties by their department.

- Check in with RNICU manager and/or charge nurse for daily instructions and Assignments.
- Provide infant massage to assigned patients.
- Interact with parents and demonstrate massage techniques, if asked.
- Assist RNICU staff with additional tasks as needed.

Required Responsibilities of the Volunteer:
- Obtain proof of MMR Vaccine or get the Measles, Mumps and Rubella Titer from your personal physician prior to serving and have a TB Skin test performed.
- Must have an annual Flu vaccination.
- The Pertussis Vaccine is highly recommended.
- Successfully complete position training.
- Must abide by the hand-washing protocol for infection control.
- Demonstrate knowledge and maintain respect for patients’ right to privacy by following the HIPAA Privacy and Security policies and procedures.
- Adhere to ICARE values and standards of behavior (Innovation, Compassion, Accountability, Respect, and Excellence) and Sparrow Volunteer Promise.
- Role model behaviors that value diversity of our patients, volunteers, associates, and customers and supports creating an environment that is inclusive, welcoming and respectful.
- Communicates with patients, families and customers using AIDET (Acknowledge, Introduce, Durations, Explanation, Thank).
- Works in a safe manner and promptly reports any hazards identified in the work environment or related to assigned responsibilities.
- Commit to at least one year of volunteer Service to Sparrow and attend two group training and information meetings each year.
- Volunteer a minimum of 30 hours annually after the initial year.
- Maintain proper uniform including wearing the Sparrow ID Badge
- Pay Annual membership dues of $5.00 to the Sparrow Women’s Hospital Association.

**Physical Aspects of this position:**
This position requires walking (20%), standing (80%), light lifting, reading, and communicating face to face with parents and medical staff. The position includes providing gentle massage to premature infants.

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**Health Considerations for this position:**
Due to health risks, if a volunteer is pregnant she should not volunteer in this area.

If you have NOT had Chicken Pox and have been recently exposed, do not volunteer until you have been cleared to serve by your physician and Sparrow. Please call the Director of Volunteer Services in the event of exposure.

A Rubella Titer or proof of the MMR immunization must be provided before volunteering in Mother/Baby. This vaccination is at the volunteer’s expense.

Sparrow strongly recommends the Pertussis Vaccine for all Infant Massage Volunteers.

Artificial Nails and nail polish are strictly prohibited. Due to infection control protocol, all jewelry must be removed during hand washing and massage.

**Work Environment:**
The RNICU Infant Massage Volunteers perform their duties within the RNICU Unit. The environment can be stressful and emotional.

Last updated 8/10, 6/11, 8/11, 4/16, 10/17